

# ONENESS



#### **Buddhist Church of Florin**

August 2021 Volume 8

It is now August, which means that bazaar season is upon us. Unfortunately, this year we are still in the pandemic and so it will not be like the bazaars that we're used to, when everyone would come together to chat, work, and eat with one another. However, we are still able to capture a little bit of spirit with one of the key pieces of bazaar: teriyaki chicken!

I'm not 100% sure why, but ever since I remember I was able to, I have enjoyed grilling. Maybe it's because I like fire or maybe it's because it's in my blood, but either way I enjoy cooking food outside over a hot grill. Even back in college in the Japanese American Student Society, we had a "Welcome BBQ" where we would introduce ourselves to potential new members. I volunteered to cook the burgers and while others were mingling, I was happy to be making food for everyone. And don't get me wrong, while I enjoy cooking, I also enjoy eating barbeque, especially when it is infused with a delicious smokey flavor! These days, smoking as a cooking process does little more than impart flavor whereas long ago, it was used as part of a preservation process. Smoke has both antimicrobial and antioxidant properties which help keep out unwanted bacteria as well as stop the fat in meats from going rancid, especially in oily fish (who doesn't like some smoked salmon!) It isn't possible to preserve meats with smoke alone, though, it usually is salted or dried also to help them last longer.

Although no one can be sure about the exact way smoking as a process was discovered, it's thought that it was by accident when someone had the food that they were preserving too close to a fire and realized later that it made the food tastier, and it lasted longer. It's a fun exercise of the imagination for me to think about the first time that happened and how exciting it must have been to find a new way to make food yummy! Then thinking about how it was perfected over generations, but currently how our advancement in food science has made it more of a culinary tool than one of necessity.

Our practice of Buddhism should be, in a way, very similar. It's important for us to learn and study the teachings. However, it cannot stop there, and we must apply it to our lives. When we try out different things that we've picked up, we will have a similar experience as the person who discovered smoking food and have a bit of an "aha!" moment. From there, we will continue to try to use what we found to improve our life and perfect it. Ideally, we will perfect it to the point that we would not even need to think about that lesson anymore, it has become a part of who we are. We will still use it, but unconsciously, bringing it to mind only when we want, no longer when we need it. Thus, I hope everyone continues to try to apply the teachings in their everyday life so that your life eventually becomes effortlessly more meaningful just as over the years the teriyaki chicken at your temple has become perfectly delicious.

Gassho,

## **Buddhism in Everyday Life**

Yasashisa ni Deattara (When I Encounter Gentleness)

When I encounter gentleness, I shall share this happiness. When I feel myself fortunate, I shall exchange smiles With thoughts that soothe like breezes that caress the sea.

When I feel loneliness, I shall talk to someone.

Treasuring this contact, I shall forge a friendship.

Like linking flowers to form a ring, I shall also link all our thoughts together.

When I encounter pain, I shall try earnestly to endure it.

As my hands grow warm in Gassho, my heart, too, becomes warm and tranquil,

And I can live on day by day in the limitless Light [of Amida].

Namu Amida Butsu

(Gatha-Shin Buddhist Service Book)

#### CONDOLENCES

The Florin Buddhist Church extends its deepest sympathies and condolences to the family members of the loved ones that left our midst to be with Amida Buddha.

NAMO AMIDA BUTSU

EVELINE OYAMA January 24, 1951 to March 2, 2021

KAYE WOOD March 10, 1928 to June 25, 2021

# August Monthly Memorial (Shotsuki Hoyo) Service

The monthly memorial service for those who passed away during the month of August will be held on **Sunday**, **August 1**, **2021 beginning at 10:30 am**, **via Zoom**. The persons who are noted in the Buddhist Church of Florin (BCF) memorial records as having passed away in the month of August are listed below.

If the year 2021 is a special year (see table) for a dearly departed relative, please contact Reverend Matt Hamasaki, Buddhist Church of Sacramento at 916-926-2221 to make special memorial arrangements. Please inform Lois Kashiwase of any corrections or additions to the list.

Abe, Hiroshi	08-25-1917	Nakashima, Yasuke	08-10-1918
Asano, Yoshiro	08-10-1910	Nishiguchi, Toshiyuki	08-19-1923
Baishiki, Tsune	08-07-1943	Nobuso, Seishiro	08-09-1975
Fujii, Keiji	08-27-1939	Okamoto, Fusano	08-22-1970
Fujimoto, Satono	08-21-1918	Okazaki, Baby	081939
Fukagawa, Chester Kiyoshi	08-01-2001	Okimura, Alice	08-10-2009
Fuwa, Rikizo	08-26-1936	Ono, Miyokichi	08-27-1911
Fuwa, Warren Hitoshi	08-28-1996	Otani, Robert Alan	08-06-2011
Hamataka, Sue Yoshiko	08-12-2002	Saigo, Toshiaki	08-05-1976
Haramoto, Manzo	08-16-1939	Sako, Morito	08-24-1956
Ishigaki, Hisako	08-02-1917	Sasaki, Fumiko	08-05-2016
Ishikawa, Infant	08-23-1912	Sekiguchi, Mitsue	08-09-1984
Kato, Kiyomi	08-13-2014	Shijo, Susumu	08-03-2006
Kawanishi, Natsue	08-11-1930	Sugimoto, Yei	08-04-1997
Kimura, Fumiko	08-17-1920	Sumida, Katsumi	08-03-1918
Kodama, Ritsu	08-09-1948	Tahara, Tome	08-17-1913
Kumamoto, Allen	08-07-1990	Takeoka, Kanao	08-31-2010
Maruki, Shozaburo	08-04-1930	Takeoka, Mikio	08-30-1999
Maruki, Tsuyuko	08-09-1930	Tanaka, Kay	08-08-2009
Mito, Isuyo	08-27-1918	Terada, Kansuke	08-21-1934
Mitsuyoshi, Misako	08-21-1926	Tsukamoto, James	08-19-2006
Mitsuyoshi, Toshiko	08-21-1926	Unno, Toshiuemon	08-04-1904
Miyata, Yoshinori	08-20-1912	Uno, Yoneko	08-07-1918
Mukai, Sannosuke	08-21-1951	Yabumoto, Miyeko	08-24-2008
Nakaguchi, Sana	08-18-1917	Yamamoto, Akio	08-15-1921
Nakahira, Kazutaro	08-04-1976	Yamamoto, Minoru	08-16-1911
Nakamura, Hisako Katherine	e 08-18-2008	Yoshida, Heikichi	08-18-1934
Nakashima, Aiko	08-04-1920		

2021 Memorial Service Schedule					
Please schedule a service if your loved ones passed away in the following years:					
Year	<u>Service</u>	<u>Year</u>	<u>Service</u>		
2020	1 <sup>st</sup> Year	1997	25 <sup>th</sup> Year		
2019	3 <sup>rd</sup> Year	1989	33 <sup>rd</sup> Year		
2015	7 <sup>th</sup> Year	1972	50 <sup>th</sup> Year		
2009	13 <sup>th</sup> Year	1922	100 <sup>th</sup> Year		
2005	17 <sup>th</sup> Year				

## VIRTUAL SHOTSUKI SERVICE

Please share the zoom link with any relatives or friends who may be interested in watching. Hope to see everyone Sunday, August 1st.

Topic: Shotsuki Service

Date: August 1, 2021 at 10:30 am

Buddhist Church Of Florin is inviting you to a scheduled Zoom meeting.

Topic: Buddhist Church of Florin Virtual Zoom August Shotsuki Service

Time: Aug 1, 2021 10:30 AM Pacific Time (US and Canada)

#### Join Zoom Meeting

https://us02web.zoom.us/j/83339406274

Meeting ID: 833 3940 6274

One tap mobile

- +14086380968,,83339406274# US (San Jose)
- +16699006833,,83339406274# US (San Jose)

#### Dial by your location

- +1 408 638 0968 US (San Jose)
- +1 669 900 6833 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- +1 646 876 9923 US (New York)
- +1 301 715 8592 US (Washington DC)
- +1 312 626 6799 US (Chicago)

Meeting ID: 833 3940 6274

Find your local number: https://us02web.zoom.us/u/kblgb0Gzww



## **ONLINE PAYPAL DONATIONS**

You can now make online donations/payments to the church by visiting our website at <u>florinbuddhist.org</u> and clicking on the "Donate" button near the bottom of the home page. This is convenient for you to make online donations/payments for such things as, osaisen, shotsuki, special services, membership and other services/events.

Contact Kathy Menda at (916) 392-1896 or (916) 761-9469 if you have questions.



# Buddhist Church of Florin Governing Board Meeting Highlights

Meeting Date: July 8, 2021

**BCA Liaison, Peggy Okabayashi:** Reported the Bishops Office has informed Florin that Rev. Nishitani has decided not to come to BCA. Bishop Harada and Rev. Matt Hamasaki will be re-evaluating ministerial coverage for Florin.

**Buddhist Church of Sacramento** will hold two reopening test services the last Sundays of July and August. Florin will consider reopening based on the results of the Sacramento test. It will be up to the ministers to determine if they feel comfortable performing in-person services.

**Treasurer, Kathy Menda:** All affiliates were reminded to comply with the BCF Affiliated Organizations Guidelines that requires submission of quarterly financial reports. Second quarter financial reports due by July 31<sup>st</sup>.

**BCF Board** approved the BWA to host a parking lot rummage sale on October 9, 2021.

**Lease the Residence:** The BCF Board approved seeking a renter for the residence. Fair rental value of \$1,800 to \$2,000 plus utilities. Prefer a renter be a temple member or related to a temple member.

**Vollara Air & Surface Pro with ActivePro Technology** – Robin Shimizu, distributor, made a presentation to the Board about the Vollara surface and air purifier that uses the patented ActivePro Technology to eliminate contaminants on surfaces and in the air without the use of ozone. The church may be interested in purchasing units to purify the air in the Hondo and MPR. The Reopening Committee has been tasked with evaluating the need for this type of equipment for our temple.

Next Meeting – Thursday, August 12, 2021, at 7:30 PM via Zoom

#### 2021 Membership Dues

The Buddhist Church of Florin thanks the following members who have paid their 2021 membership dues.

Takeda, Bob & Susan (Jul-Dec)

## 2021 membership dues were due by January 31, 2021.

The 2021 membership form can be found on our website at www.florinbuddhist.org, at the temple or from Tim Tsukamoto at (916) 606-0455 or email timtsukamoto@gmail.com Please direct membership questions to Tim Tsukamoto.

### **Buddhist Church of Florin**

# florinbuddhist.org Fall Food Fundraiser

### Sunday, September 12, 2021 11:00 AM to 1:00 PM

#### To Order:

- 1. Return your order form with payment
- 2. Orders MUST be postmarked by August 24, 2021
- 3. Make check payable to: BUDDHIST CHURCH OF FLORIN
- 4. Mail check and order form to:

Buddhist Church of Florin Fall Food Fundraiser P. O. Box 292006 Sacramento, CA 95829

Pick Up Your Order on September 12th, between 11:00 AM -1:00 PM 7235 Pritchard Road, Sacramento, 95828 Prepaid contactless drive thru pick up only Email or phone orders will not be accepted

ITEM	QTY	UNIT COST	TOTAL
Chicken Plate (½ teriyaki chicken, vegetable, rice, pickled vegetable, sliced oranges)		x \$18.00	
Curry Rice		x \$6.00	
TOTAL ENCLOSED			

Name (Print)	
Address	
City	Zip
Contact Number (required)	
Email Address	

June/July News August 2021

# **BWA News**



#### THANK YOU/ARIGATO-

Gift card donations:- Sandy Okuno Hiroko Saigo Connie Yee

Household items: Shirley and Tomio Ito Boutique items: Family of Betty Abe

#### DANA - Cultivating Generosity-

Thank you donors and volunteers for your support of the Dana projects and generous donations to those in need.

June Dana Projects – Loaves and Fishes Water Drive- delivered gift cards to purchase water. SCH Residential Program – delivered household items and gift cards. Wellspring Women's Center - delivered new purses.

July Dana Projects –Loaves and Fishes, Toilet Paper drive, Meadowview Family Resource Center, children's art, craft and recreational items.

August Projects – Mustard Seed – backpacks and school supplies. My Sister's House – office supplies.

#### **CELEBRATION -**

Happy 101<sup>st</sup> birthday Myrna Hitomi! Happy birthday June Matsubara!

**2023 World Budhist Women's Convention** – Wednesday, May 10 to Friday, May 12 in Kyoto, Japan. The convention will be held in conjunction with services to commemorate the 850th year anniversary of Shinran Shonin's birth and the 800th anniversary of the establishment of the Jodo Shinshu teaching. Various group tours are being planned in conjunction with the convention.

Walking Group - Next walk — Wed. August 4, 2021 9:00 AM at McKinley Park.

## **BWA August 2021 Dana Projects**

#### Mustard Seed School

An Emergency School, Mustard Seed provides a Montessori style quality education for children ages 3 to 15 in a safe, structured, and nurturing environment, while their families seek stable and permanent living situations. Students receive healthy weekday meals (breakfasts, snacks, and lunches), new backpacks filled with school supplies, clothes, survival supplies, counseling, health screenings, and access to routine and/or urgent health care

#### Requesting:

# SCHOOL SUPPLIES & BACKPACKS

(New)

# LOAVES & FISHES

# A Safe Haven



To serve Asian and Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault, and human trafficking by providing a culturally appropriate and responsive safe haven, job training, and community services.

Collection Dates: Aug. Thurs (9 a.m.-1 p.m.)

[LOTUS days]

BCF Gym Aug. 27 (Last Friday)

(10 a.m. - 12 p.m.)

Call Sandy Okuno to schedule

### **Requesting:**

#### OFFICE SUPPLIES

(New)

Copy/printing paper (white)

Key box

Legal pads

Plastic Organizing tubs

Acrylic brochure/flyer holders

File folders

Colored print paper

Sticky notes

Rubber bands

Composition notebooks

Masking tape/painters tape

Welcome mat



Learning Oriental Trimming ...

[August issue]

2021 New

Land Park Pond 7-'20

## CHURCH FRUITS & **VEGETABLES HARVESTED**



Peaches, apricots, plums from one grafted tree in front of the parsonage

Cucumbers



Recently used in somen salad, chicken salad, sunomono, & kimchi

Peaches

Peach cobbler

Uri cucumbers



Uri (JoAnn K & Mrs. Okamoto making URI for LOTUS & BWA fundraiser)

#### Featured Member

A relatively new BCF member, Mike Kusama





Mike shown here enjoying lunch including cucumbers from the garden he too has helped to tend. Just about all LOTUS members have helped in one way or other in caring for the reestablished garden.

#### Garden Reestablished



(L) Sharon O. weeding/ harvesting cucumber patch almost hidden by hardy plantings



JoAnn Kusaka JoAnn K/Jan T Weekly AM snacks

LUNCH FIXIN's

Sharon Okamoto/ Ginny Syphax

Jan Takeuchi Yukie Hoffman Lois Kashiwase

Eddie Imai Dharma School

Tuna noodle casserole, somen salad/chicken wings; cranberry chicken salad/sandwich; somen/sunomono Sharon Y/Mark (L&L) Sweetened condensed milk; jello mix; sourdough bread Whipped raspberry jello dessert, lemon pudding cake Crème Brûlée cheesecake squares; mandarin topped cheesecake

Fresh strawberry pops, peach cobbler Sansai gohan; oshinko (tsukemono)

Box of donuts

Box of Takemori corn

Case of water, ice cream bars, snacks, etc.

#### **Buddhist Church of Florin** Kikuyo and Kinjiro Nakatani Public School Teacher Grant \$1.500

Public school education is the foundation for a harmonious and prosperous society. Unfortunately, public school teachers pay for classroom supplies and educational material with their own money because of school budget cuts. The Buddhist Church of Florin supports public school teachers by offering a \$1,500 grant for classroom supplies and education materials; and if necessary, for reopening Personal Protection supplies and equipment.

To be eligible for the Kikuyo and Kinjiro Nakatani Public School Teacher Grant, you must be a full-time public school teacher in Kindergarten through 12th grade; and a member of the Buddhist Church of Florin (church membership dues are paid and current).

How to become a member of the Buddhist Church of Florin? If you are married, please join under the couple/family category or if single, the adult single category. Contact Walter Menda for a 2021 Church Membership Form at (916) 392-1896 or wmenda@pacbell.net.

Please complete the Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application and email to Walter

Menda. Applications are being accepted on an ongoing basis. Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application Name: Address: Telephone Number and E-mail Address: Member of Buddhist Church of Florin (Yes/No): Name of School: School District: Grade: Teaching Credential (Yes/No): School Term (i.e., September 2021 to June 2022): How I plan to spend the \$1,500 grant: I certify that I have provided complete and accurate information to the items on this application. I fully understand that any misrepresentation of information may revoke any right to a grant. Signature of Applicant Date If you haven't designated Buddhist Church of Florin as your charitable organization, please do...free money to BCF! Thank you!



# Make a Free Donation to the Church? As Easy as 1, 2, 3, 4. 5

# IF YOU SHOP ON AMAZON, YOUR PURCHASES CAN EARN \$\$\$ FOR THE BUDDHIST CHURCH OF FLORIN!

The **Buddhist Church of Florin (BCF)** has joined a neat new program, **AmazonSmile**, an easy way to support the Church every time you shop, <u>at no extra cost to you</u>. When you shop at smile.amazon.com, you find the same low prices, selection and easy shopping, while Amazon donates ½% of the purchase to the Buddhist Church of Florin.

#### **HERE'S HOW IN 5 EASY STEPS:**

- 1. Go to smile.amazon.com on an internet computer
- 2. Sign in (email address or mobile phone) in the field.
- 3. Enter your Amazon Password in the field.
- 4. Select Buddhist Church of Florin type in "Florin" to find it
- 5. Start shopping

If you're not an Amazon member yet, first click on "Create an Account", follow instructions, and select Buddhist Church of Florin.

#### AMAZON SMILE PROGRAM INFORMATION:

- How do I shop at AmazonSmile?
  To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to shop at AmazonSmile.
- Which products on AmazonSmile are eligible for charitable donations?
   Millions of products on AmazonSmile are eligible. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.
- Can I use my existing Amazon.com account on AmazonSmile?

  Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding, and other account settings are also the same.

# GIFT CARD FUNDRAISER

Purchase gift cards for yourself, family or friends and Buddhist Church of Florin (BCF) will receive a percentage of the sale. Don't forget gifts for birthdays, graduations, baby showers, or anniversaries. For a complete list of gift cards offered, go to **shopwithscrip.com**. You can place your order online (**BCF's enrollment code is 2481168D38LL7**) or you can contact Ann Tsukamoto at 916-683-3401 or email awtsukamoto@comcast.net to place your order and make arrangements to pick up your order at her house in Elk Grove.

NEW!!!! If you want to place an order, your order must be received by Ann by <u>12 PM</u> on the following dates.

**NEXT ORDER DUE DATES: (mark your calendars!)** 

# August 25 & September 22!!!

Your order will arrive at Ann's house the following week.

Ann has the following on hand (limited amounts) for immediate purchase:



Ann must receive your order by 12 PM on the due date.

You can also call Ann to see what gift cards she has in stock, available now (call her at 916-683-3401).



# Thursday Night Medical Series

"Living Each Day Well"

Thursday, August 19, 2021 6:30 pm

"Yoga for Health at Any Age and Physical Condition"



Bob Matsueda
Certified Advanced Yoga Instructor

www.bobmatsueda.com

Please sign-up at

BetsuinPrograms@buddhistchurch.org