



ONENESS

Buddhist Church of Florin



December 2021

Volume 12

It's difficult to believe that it's the end of 2021 as it seems like the past two years have just flown by. It's almost as if we're standing on the platform of a train station and an express train has just shot past in a blink of an eye and when the train is gone, we're two years older. While that may be a bit saddening, it is nice to know that it means Christmas is around the corner. And with it, we have our traditions of decorating, shopping, and eating Christmas foods! One food that I thought was a tradition but I, myself, have never tried is Christmas goose. I had always heard the term in different sorts of media, fiction, movies, songs, et cetera, however I don't think I've ever had the opportunity to try it myself.

After looking into it, having goose in the winter was a tradition that goes back to the ancient Greeks. They were domesticated because of their size, as well as their temperament (if you ever see geese out and about, leave them alone. They can be quite territorial). They are so territorial that there is a Roman legend that a flock of geese saved the city from attack by alerting the Roman guards of the enemy troops attempting to sneak in. What is fact, though, is that geese are the plumpest around wintertime and so they were the perfect poultry for winter festivals such a feast day known as Michaelmas, celebrating the harvest and the changing of seasons. So where did this tradition go?

Some say the beloved "A Christmas Carol" is to blame. Near the end of A Christmas Carol (sorry, spoilers), the Cratchit family has a roast goose for dinner as was tradition in the United Kingdom during the time. The family greatly admires the meal, and they are all delighted and stuffed after almost finishing it. However, the next day Scrooge, following his dramatic change from miser to charitable person, buys them a turkey. At that point in time, turkey was an exotic bird in the UK as it was native to the New Land and having it was a sign of wealth as it was much more expensive than the more available goose. Thus, as an extravagant present indicative of his Christmas spirit, Scrooge purchases the fanciest bird possible to give to the Cratchit's.

While this book changed the public's view on what Christmas meant, it also changed their attitudes toward certain poultry. Specifically, that goose was associated with poor people and turkey was associated with the wealthy. And so, turkey became much more fashionable to have at the dinner table during Christmas. In America, turkey was already abundant, so it naturally became the bird of choice during the holiday season and continues to be to this day. This, on top of a 1940s turkey breeding boom and the rise of refrigerators after WWII solidified turkey's position as the top bird.

There might not be a better example of how our minds are influenced by the labels we attach to things for almost arbitrary reasons. The fact that a tradition thousands of years old could be altered because a fictional family did it shows the power of the distinctions we decide to attribute. When we see something and then make a judgment based on whether we agree or like it or not, it may seem like a little thing, but it could alter our lives, up to changing the very world we live in. As such, we must be vigilant in our awareness of the labels and judgments we attribute to the things and people around us. Do we like it because it's rare? Because someone else who we like, likes it? What makes something valuable or not? There are the questions we must pose to ourselves to recognize whether our craving or dislike for something is warranted or a figment of our imagination. By breaking down these assumptions, we can reach the truth of what is most valuable to us in life. Personally, I think one of the most undeniably valuable things is being able to be together for Christmas (however you can do it) and sharing a meal, whether it's turkey, goose, or your own holiday tradition!

Gassho,
Rev. Matthew Hamasaki

December Monthly Memorial (Shotsuki Hoyo) Service

The monthly memorial service for those who passed away during the month of December will be held on **Sunday, December 5, 2021 beginning at 10:30 am, via Zoom**. The persons who are noted in the Buddhist Church of Florin's (BCF) memorial records as having passed away in the month of December are listed below.

If the year 2021 is a special service year (see table) for a dearly departed relative, please contact Reverend Matt Hamasaki, Buddhist Church of Sacramento at 916-926-2221 to make special memorial arrangements. Please inform Lois Kashiwase of any corrections or additions to the list.

Baishiki, Teruo	12-05-1995	Nishi, Shizuo	12-09-1963
Chono, Toshiharu	12-06-1931	Nishikawa, Agnes Yoshie	12-18-2016
Chono, Tsuya	12-04-1929	Nishikawa, George Tsutomu	12-21-2011
Fujii, Roy	12-06-1946	Noda, George	12-02-2001
Furukawa, Wakano	12-02-1981	Oda, Ritsu	12-20-1958
Fuwa, Riichi	12-19-2017	Ohta, Koume	12-23-1964
Hirohata, Kotaro	12-30-1952	Okigawa, Akizo	12-05-1919
Hiroshima, Ushi	12-12-1920	Sakaoka, Frank	12-17-1984
Inouye, Oscar Asao	12-07-1996	Sano, Masako	12-08-1956
Inouye, Shihei	12-16-1957	Sasada, Iwao Joe	12-09-1973
Ishikawa, Kantaro	12-20-1920	Sekiguchi, Fumio	12-28-1986
Ito, Eigoro	12-29-1957	Senda, Shigeko	12-23-1924
Ito, Kazuo	12-27-1995	Shiidani, Seiji	12-25-1902
Iwata, Shozaburo	12-19-1920	Shimoda, Yoshio	12-22-1926
Kanemoto, Amy Emiko	12-10-2012	Sonoda, Thomas Tsugio	12-20-2016
Kanenaga, Tetsuo	12-13-1974	Sunahara, Kumeji	12-15-1960
Kato, Harumi	12-03-2000	Takeda, Jessie Sachiko	12-04-2018
Kodama, Isao	12-17-1928	Takeoka, Yoshi	12-08-1955
Kodama, Sumiye	12-20-1919	Taniguchi, Masao	12-28-1922
Kono, Allan	12-02-2005	Taniguchi, Takezo	12-16-1941
Kumamoto, Marcella	12-29-1989	Tokumura, Tomi	12-11-1968
Kurima, Tatsue	12-06-1924	Tomono, Akio	12-28-2001
Maruki, Satsu	12-12-1918	Tsukamoto, Bill Tadashi	12-07-2000
Maruki, Stillborn	12-11-1918	Tsukamoto, Masashi	12-29-1925
Matsui, Carole Teruko	12-10-2017	Tsukamoto, Yoshio	12-22-2010
Matsui, Jim	12-16-2012	Uno, Hiroko	12-25-1972
Miyao, George Yoshihiro, III	12-18-1969	Wakabayashi, Sumiko	12-31-1989
Miyoshi, Kikue	12-10-1919	Watanabe, Yuriko	12-24-2010
Murakami, Tatsuzo	12-08-1985	Yamamoto, Calvin Akio	12-28-2017
Nakao, Bob Goro	12-20-2005	Yamamura, Hyakutaro	12-24-1948
Nakao, Teruko Marion	12-09-2011	Yamanaka, Joe T	12-29-2000
Nakashima, Aileen Y.	12-25-2004	Yamaoka, Violet S	12-05-2003
Nakatani, Kikuyo	12-27-1990	Yasukawa, Mary	12-12-2009
Nakatani, Kinjiro	12-26-1957		

2021 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>	<u>Year</u>	<u>Service</u>
2020	1 st Year	1997	25 th Year
2019	3 rd Year	1989	33 rd Year
2015	7 th Year	1972	50 th Year
2009	13 th Year	1922	100 th Year
2005	17 th Year		

CONDOLENCES

The Florin Buddhist Church extends its deepest sympathies and condolences to the family members of the loved ones that left our midst to be with Amida Buddha.

NAMO AMIDA BUTSU

TATSUKO TAKEMORI

October 22, 1927 to November 3, 2021

GRACE KODAMA

August 30, 1923 to November 2021

VIRTUAL SHOTSUKI SERVICE

Please share the zoom link with any relatives or friends who may be interested in watching. Hope to see everyone Sunday, December 5, 2021

Topic: Buddhist Church of Florin Virtual Zoom December Shotsuki/Bodhi Day Service

Time: December 5, 2021 10:30 AM Pacific Time (US and Canada)

Buddhist Church of Florin is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/83339406274>

Meeting ID: 833 3940 6274

One tap mobile

+14086380968,,83339406274# US (San Jose)

+16699006833,,83339406274# US (San Jose)

Dial by your location

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 646 876 9923 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

Meeting ID: 833 3940 6274

Find your local number: <https://us02web.zoom.us/u/kblgb0Gzww>





ONLINE PAYPAL DONATIONS

You can now make online donations/payments to the church by visiting our website at florinbuddhist.org and clicking on the "Donate" button near the bottom of the home page. This is convenient for you to make online donations/payments for such things as, osaisen, shotsuki, special services, membership and other services/events.

Contact Kathy Menda at (916) 392-1896 or (916) 761-9469 if you have questions.

Welcome New Members

Please join us in welcoming our new church members, Kyle and Deborah Inouye. Welcome to BCF Sangha!



Buddhist Church of Florin

Annual Mochitsuki Fundraiser-CANCELLED



BCF has cancelled its annual Mochitsuki fundraiser scheduled for December 11, 2021 due to COVID safety precautions.

Buddhism in Everyday Life

Song of Enlightenment

To the peaceful forest came, to the sylvan solitude,
Secrets of the life to seek Prince of mighty Shaka clan,
Meditating through the night, beneath the spreading Bodhi tree,
Buddha fought off spirits dark, tempting him away from Truth.

Darkening skies and thunders fierce, shuddering earth and passionate wind
Brought forth by the evil powers, failed to shake the resolute heart.
Lo, in the East the flaming dawn, sprang with Buddha's victory,
Heaven and earth rise up and shout, Heaven and earth rise up and shout.
Praise to the Buddha, Praise to the Buddha, Praise to the Truth.

Namu Amida Butsu

(Gatha-Shin Buddhist Service Book)

Where did 2021 go?

As the holidays are fast approaching, please take the time to reflect what happen in your year. Maybe great things happened, and yet maybe not so great. But be thankful you are here to experience all of them. Take each day as it comes, hug those you love close or send a note to someone at a distance. You might be the reason for their smile that day. Don't let one more day go by without putting a smile on someone else's face. Who will you send a card to? Holidays are the hardest time of the year for some people.

Buddhist Church of Florin
Governing Board Meeting Highlights
Meeting Date: November 11, 2021

All affiliates were reminded to comply with BCF Affiliated Organizations Guidelines. Third quarter financial reports were due by October 31, 2021 (July-September 2021).

Second Vice President Walter Menda: BCF Mochitsuki fundraiser that was scheduled for December 11, 2021 has been cancelled due to COVID safety precautions. Next fundraiser is the **Super Bowl Food Bazaar Drive-Thru on February 13, 2022, Sunday.**

Garrett Kishaba, Eagle Scout Project: Completed his **Eagle Scout Project** on October 31st. He painted exterior east wall (ground to pergola) and doors (exterior and interior) of the YBA Hall and painted concrete foundations of parking lot light poles. Thank you Garrett Kishaba for selecting the BCF to be your Eagle Scout service project beneficiary.

Thank you Kenny Teranishi for assisting Garret Kishaba on his Eagle Scout project and being onsite for the two weekends working with the scouts and their parents on the projects.

BWA, Peggy Okabayashi: The October Dana was collecting nonperishable pet food was for the Elk Grove Food Bank. BWA participated in the Run for A Safe Haven Run/Walk benefiting My Sister's House. For November and December Dana they will be adopting families that are in need of assistance. They would like to contribute to a Sangha member or if a Sangha member is aware of family or friend that needs assistance.

Dharma School, Judy Yuki: Classes will start in November on the 3rd and 4th Sundays at 10:30 am via Zoom.

Jr. YBA, Ginny Syphax: Fundraiser on December 12th is Sold Out!! Delivered October Keiro goodie bags. Next delivery mid-December.

Ginny Syphax, Thank You for taking care of "church office duties" monitoring BCF emails, picking up the mail from US Post Office box, monitoring BCF phone calls, monitoring BCF FB page; hosting Sangha Check-ins on **2nd & 4th Wednesdays** and formatting and preparing the Oneness for publication.

Sacramento Kendo Club was approved to reopen in-person classes with COVID protocols in place.

Mike Kusama has been coming on Thursdays to help keep our Hondo and Onaijin clean by dusting, sweeping and vacuuming. **Mike, thank you very much taking care of our temple!**

Current BCF Finance Committee is researching short-term to medium term range investments in place of low interest/CD through the BCA Endowment Foundation or Edward Jones. It was proposed that a standing Finance Committee be formed to do the research then make recommendations to the Board. Positions are still vacant.

New Members: Kyle and Deborah Inouye

Next Meeting: Thursday, December 9, 2021, 7:30 pm, via Zoom

2021 Membership Dues

The Buddhist Church of Florin thanks the following members who have paid their 2021 membership dues.

Chinn, Jackie

Inouye, Kyle & Deborah

Taura, Nikki & Clint

2021 membership dues were due by January 31, 2021.

The 2021 membership form can be found on our website at www.florinbuddhist.org, at the temple or from Tim Tsukamoto at (916) 606-0455 or email timitsukamoto@gmail.com. Please direct membership questions to Tim Tsukamoto.

The Buddhist Church of Florin welcomes the following returning/new members:

***Nikki & Clint Taura
Kyle & Deborah Inouye***

We look forward to seeing you at service and temple functions when the church is able to reopen and hope the BCF will meet your religious and community desires.

Buddhist Church of Florin Eagle Scout Service Project

My name is Garrett Kishaba and I am the president of the Junior YBA. I am also a member of Boy Scout Troop 250 and I am in the process of getting my Eagle Scout ranking. One of the requirements for the Eagle Scout is to plan, coordinate, and lead a community service project. Because of my affiliation with the Buddhist Church of Florin, I approached the Board of Directors about doing a project at the church. After some discussion with Mr. Menda, Mr. Okamoto, and Mr. Okimura, we decided to paint the east wall of the YBA hall, the doors around the hall, and the cement light post bases located around the property. The project officially started on Saturday, October 23, and was completed on Sunday, October 31. With the help of my troop members, their parents, Scoutmasters and other volunteers, we power-washed, spackled, primed, painted and touched-up the project area. I am sincerely grateful to the Buddhist Church of Florin for the resources and financial support of my project.



Crew



Reinstalling Hardware



Finished Light Post



East Wall – Before



East Wall – After



Buddhist Church of Florin Dharma School News & Events
December 2021
“B.R.A.I.D.” – Building Respectful Awareness
& Inclusion through Dharma

Dharma abounds in daily life. Around a month ago, my Chinese teacher assigned a study guide on Google Classroom and told us the next day that we were to have a quarter test. The entire classroom started freaking out, as this would be the first quarter test that we would have in our lives. The test would take material from the entire book that we had been learning from, “The Magical Tour of China, Volume Three” and many of us were worrying that we would flunk the test and not be accepted into the high schools that we wanted to go to (we are only in seventh grade, but the scores from Chinese goes into the GPA). My group of friends and I agreed to a study session via Zoom to help prepare for the test, and the general aura of that meeting was “we’re going to fail this test, this is going to go all wrong” and almost everything else along that line. That night, the night before our test, my dad asked me why I was worrying so much about the test. I replied, “Because this is going to go onto our GPA, and I’m not going to get into the high school that I want to get into, and also, some of these characters I have no idea if I’m going to remember and-” My dad cut me off and asked, “Have you done everything that you could do to prepare?” I replied, “Yes.” Then he said, “Then there’s no reason why you should be worrying about this. Worrying about the future does not change anything about the present.”

My dad actually did have a point, since my grade was not significantly changed and that was when I learned the meaning behind the quote, “Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.”

~ Ella Lam

Dharma Zoom

Dharma Zoom Dates

December 19, 2021 10:30 AM Theme for Sangha Member TBA

Join Zoom Meeting

<https://us02web.zoom.us/j/83460705891>

Meeting ID: 834 6070 5891

One tap mobile

+16699006833,,83460705891# US (San Jose)

Meeting ID: 834 6070 5891

+14086380968,,83460705891# US (San Jose)

Find your local number: <https://us02web.zoom.us/u/k0N6iCAan>

Dial by your location

+1 669 900 6833 US (San Jose)

+1 408 638 0968 US (San Jose)

+1 346 248 7799 US (Houston)



Oct-Nov News
December 2021

BWA News

THANK YOU/ARIGATO

Ladies of Jodo Shinshu -

Liz Kono	Kathy Menda	Lois Kashiwase	Hiroko Saigo
Mary Otani	Janice Takeuchi	Norraine Okamoto	Margie Sunahara
Diane Muranaka	Toyo Tsukamoto	Junko Egi	Linda Menda
Marsha Legg	Virginia Uchida	Jennifer Kubo	Elaine Behymer
Katsuko Hirota	Carol Kusama	Peggy Okabayashi	Susan Takeda
Cindy Kakutani			

Donna Kunisaki - Sept Dana Project

DANA – Cultivating Generosity

October Dana Projects - Thanks donors and volunteers!

- Elk Grove Food Bank – Collected and delivered non perishable pet food and toys.
- My Sister’s House – Run for a Safe Haven- Run for Their Dreams. BWA and friends walked Nov 3 in McKinley Park for this event.

November Dana Projects

- Sacramento Food Bank Run to Feed the Hungry – In person or virtual, join the Team!
- Nisei Post 8985 Veterans of Foreign Wars - socks and slippers.

December Dana Projects

- Adopt 2 Families/ My Sister’s House – BWA will adopt local families in need for the Holidays.
- Toys & Treats Drive for SPCA - Drop off donations on Lotus Club Thursdays.

BCF Walking Group –Next walk will be December 1st, Midtown Mural walk and lunch after walk. Weather permitting. Contact Sandy Okuno, whocares13@comcast.net.

2022 BWA Membership - New members or renewals – Please join now!

Virtual BWA Tsuitou Hoyo and Bonenkai - December 4, 2021, 11:00 AM via Zoom.

Friday movies - Monthly movies will resume in 2022, following protocols for everyone's safety and enjoyment.

2023 joint celebration of Shinran Shonin’s 850th birthday and the 800th anniversary of the Jodo Shinshu Teaching and the World Buddhist Women’s Convention, Kyoto, Japan May 10-12, 2023, and NCBWA post-convention tour to Kyushu and Okinawa (May 8 – May 25, 2023) .

BWA December 2021 Dana Projects

ADOPT-a-FAMILY

BCF family (or relatives/
friends of) requiring some
assistance during the
holiday season OR



Requesting:

- **Monetary Donations**
- **Gift Cards**

Still accepting for
Nov. Adopt-a-Family
recipient, KELLY,
single mother
undergoing cancer
treatments



Pet Toy & Treat Drive

Requesting:

- **Pet toys**
- **Treats**
- **Kong toys**

Project: Pet Toy & Treat Drive

The Sacramento SPCA needs plenty of pet toys and treats to keep the animals in our care busy and happy. We particularly need Kong toys for dogs, which we stuff with peanut butter and canned dog food to keep our dogs entertained. Solicit donations from friends, family and neighbors.

Collection Dates:

BCF Gym

Dec. Thurs [LOTUS days]

Dec. 16 [Last THURS]

(9 a.m. - 1 p.m.)

(9 a.m. - 1 p.m.)

Call Sandy Okuno for questions

LOTUS News

Learning Oriental Trimming ...

Land Park Pond 7-'20

"One Day in the [Busy] Life of" ... LOTUS members



Photo #1: **Lloyd O, Ken O, Mike K** harvesting persimmons
 Photo #2: **Mike K, Ken O, Gary O** helping w/new fruit apron
 Photo #3: **Gary O** harvesting persimmons
 Photo #4: **Ben K & Ron S** after harvesting the Murata's olives
 Photo #5: **Kelvin Kishaba**, BCF member & Boy Scout father preps for son, Garrett's Eagle Scout paint project



JoAnn Kusaka
JoAnn K/Jan T

Sharon O/Judy S
Sharon Okamoto
Ginny Syphax
Gary Okamoto
Lois Kashiwase
Ann Tsukamoto
Ken Okabayashi

Ron Shimizu

LUNCH FIXIN's

Weekly AM snacks as well as homemade kasa uri & kabocha
 Lunch: Stew, lasagna; Mexican casserole/M. salad; chicken noodle soup, Mexican tacos/M. rice
 Lunch prep
 Magic cookie bars, mandarin cheesecake, Hawaiian cake
 Cheesecake brownies w/toffee topping
 Two striped bass; prepared for lunch by Joann
 Individually packaged Halloween treats
 11/4 lunch consisting of chashu & C. chicken salad
 Home brined olives (1 qt. Mason jar size/from Murata's yard) for each LOTUS member
 Home brined olives for lunch (3 lunches)



October 28

Harvesting persimmons, garden vegetables, & Murata's olives; **paint prepping** (Boy Scout project); **pruning/weeding** the Heisei & vegetable gardens

George M continuing with weekly garden weeding, **Sharon O**, garden harvesting; **Mike** (Kusama) helping with persimmon cleanup, **Jan T.** pruning in the Heisei Garden, **Greg C** getting his steps in by "leaf blowing" inside and out of the church fence area, **Walt M** cleaning the church facilities interior and **JoAnn K** along with Jan & Sharon preparing lunch.



*New member & LOTUS mascot--**Dublin**, (Mike Kakutani's dog), receives lots of pats on Thursdays.*

Buddhist Church of Florin
Kikuyo and Kinjiro Nakatani Scholarships 2022-2023



The Buddhist Church of Florin's Kikuyo and Kinjiro Nakatani Scholarship program offers academic financial assistance to our church members' high school and college students with multiple scholarships.

Graduating high school students who will be attending full time and/or students attending an accredited college, university or vocational school full time in 2022-2023 may apply for the scholarships. The student's parent(s) or student must be a member of the Buddhist Church of Florin to be eligible for the scholarships.

The evaluation criteria will be:

- Active involvement in church, community and school activities
- Scholastic achievement
- Essay
- In-person interview

Church Member Parents-Please encourage your children to apply for the Buddhist Church of Florin's Kikuyo and Kinjiro Nakatani Scholarships. Applications will be available from the Nakatani Scholarship Chairperson, Walter Menda, or Florin Dharma School Superintendent and YBA advisors in January 2022.

Application Deadline: Applications must be received by the Nakatani Scholarship Chairperson by midnight, April 1, 2022.

Buddhist Church of Florin
Kikuyo and Kinjiro Nakatani Public School Teacher Grant

\$1,500

Public school education is the foundation for a harmonious and prosperous society. Unfortunately, public school teachers pay for classroom supplies and educational material with their own money because of school budget cuts. The Buddhist Church of Florin supports public school teachers by offering a \$1,500 grant for classroom supplies and education materials; and if necessary, for reopening Personal Protection supplies and equipment.

To be eligible for the Kikuyo and Kinjiro Nakatani Public School Teacher Grant, you must be a full-time public school teacher in Kindergarten through 12th grade; and a member of the Buddhist Church of Florin (church membership dues are paid and current).

Applications are accepted on an ongoing basis. Contact Walter Menda for a Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application at (916) 392-1896 or wmenda@pacbell.net.

How to become a member of the Buddhist Church of Florin? If you are married, please join under the couple/family category or if single, the adult single category. Contact Walter Menda for a Church Membership Form.

Teacher
motivating
star-gazing
INSPIRING
dream - weaving
understanding
believing
soul-shaping
superhero

If you haven't designated Buddhist Church of Florin as your charitable organization, please do...free money to BCF! Thank you!



Make a Free Donation to the Church? As Easy as 1, 2, 3, 4. 5

IF YOU SHOP ON AMAZON, YOUR PURCHASES CAN EARN \$\$\$ FOR THE BUDDHIST CHURCH OF FLORIN!

The **Buddhist Church of Florin (BCF)** has joined a neat new program, **AmazonSmile**, an easy way to support the Church every time you shop, at no extra cost to you. When you shop at smile.amazon.com, you find the same low prices, selection and easy shopping, while Amazon donates ½% of the purchase to the Buddhist Church of Florin.

HERE'S HOW IN 5 EASY STEPS:

1. Go to smile.amazon.com on an internet computer
2. Sign in (email address or mobile phone) in the field.
3. Enter your Amazon Password in the field.
4. Select Buddhist Church of Florin – type in “Florin” to find it
5. Start shopping

If you're not an Amazon member yet, first click on “Create an Account”, follow instructions, and select Buddhist Church of Florin.

AMAZON SMILE PROGRAM INFORMATION:

- **How do I shop at AmazonSmile?**
To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to shop at AmazonSmile.
- **Which products on AmazonSmile are eligible for charitable donations?**
Millions of products on AmazonSmile are eligible. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.
- **Can I use my existing Amazon.com account on AmazonSmile?**
Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding, and other account settings are also the same.

LAST ORDER FOR 2021!!!

GIFT CARD FUNDRAISER

Purchase gift cards for yourself, family or friends and Buddhist Church of Florin (BCF) will receive a percentage of the sale. Don't forget gifts for birthdays, graduations, baby showers, or anniversaries. For a complete list of gift cards offered, go to shopwithscrip.com. You can place your order online (**BCF's enrollment code is 2481168D38LL7**) or you can contact Ann Tsukamoto at 916-683-3401 or email awtsukamoto@comcast.net to place your order and make arrangements to pick up your order at her house in Elk Grove.

NEXT ORDER DUE DATES: (mark your calendars!)

If you want to place an order,

**your order must be received by Ann
by 12 PM on the following dates:**

December 15, 2021

Your order will arrive at Ann's house for pick up the following week.



**You can also call Ann to see what gift cards she has in stock,
available now (call her at 916-683-3401).**



Thursday Night Medical Series

"Living Each Day Well"

Thursday, December 16, 2021

6:30 pm

"Sing in the Holidays with Merv"

Merv Maruyama is back again with some Japanese and American songs for the Holidays! Sing along through Zoom if you know any of them. We will finish with a Holiday sing/strum-along.

Ukulele players, have your ukes ready!



Merv Maruyama

Merv Maruyama

Actor/Singer

Please sign-up at
BetsuinPrograms@buddhistchurch.org

Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233



Thursday Night Series

Thursday,

January 20, 2022, 6:30 pm

"Dancefit with Jules"

Introduction to Latin, hip hop, cardio routines with full body toning exercises. Exercises for all ages!



Julie Honda-Tsuye
Dancefit Instructor

Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Please sign-up at
BetsuinPrograms@buddhistchurch.org

Third Monday of each Month
Monthly "Introduction to Buddhism" Classes
With Rev. Matt



December 20th, January 17th, February 21st, March 21st

Please RSVP to Betsuinprograms@buddhistchurch.org



Interested in learning something new?
Yoga for Health at any age and physical condition

Join us for weekly yoga classes with
Bob Matsueda via zoom



Every Wednesday evening

Contact betsuinprograms@buddhistchurch.org
For more information and Zoom link