



ONENESS

Buddhist Church of Florin



January 2021

Volume 1

New Year, Same Stuff

Perhaps you've heard me bring up this story before, but that's OK. I believe that repetition is the best way to learn (which is maybe another thing you'll hear me repeat a lot!). When I was in high school, I used to walk home when school was over. It was a couple miles up the hilly landscape of Berkeley and I would see interesting things as I leisurely made my way back to my house. Sometimes it was people doing different things, sometimes it was businesses selling uncommon items.

For this particular story, I saw a bit of, what could be described as, graffiti written on the side of one of those cabinets that you see around town next to traffic signals that must house, I imagine, various control boards and wires (although I've never opened one up so as far as I know it could be just a bunch of elves pushing buttons). Along with various stickers and tagging, there scribbled on the cabinet was the phrase "There is no such thing as time - only watches." And this made me begin to think about what exactly that meant and what the purpose of writing that down on this box that was owned by the city to keep traffic flowing.

For whatever reason, that has stuck with me since then and will probably continue to be with me for as long as I can remember that far back. It was turning and turning inside my brain because I found it profound: that the concept of time is completely created by humans in order to create some kind of structure and organization. I think we can all agree that there are purposes to how we conceptualize certain aspects of time passing – that we have a day and a night, that there are four seasons as the Earth makes one revolution around the Sun. But the decision to create seconds, minutes, hours, and deciding how many make up each one is completely arbitrary.

This being said, I think we all had a difficult 2020. That is not to say that there were not good and happy things that also happened, but we have been challenged both as a community and as individuals like we have not in probably the last 100 years. However, to think that it will all magically change because we have to start writing down a different date when we sign things would be a mistake. The problems that existed in 2020 will exist in 2021. This may seem like a pessimistic view of the New Year, but in my personal Buddhistic outlook, I feel that it is freeing.

On the surface level, it seems like there are new challenges that we face every year. But deep down, the issues that we have are the same that we had last year, the same that we've had for the past 2,000 years. We are too consumed by selfishness and do not act with enough compassion. And if this is the same problem, to me it's freeing because we don't have anything new to worry about! We can continue focusing on how to confront and accept our imperfect selves. So, I hope that this new year we recognize that while we may have to go and buy a new calendar, we still continuously have the responsibility to look at ourselves and try to practice a little more kindness.

Gassho,
Rev. Matthew Hamasaki

January Monthly Memorial (Shotsuki Hoyo) Service

The monthly memorial service for those who passed away during the month of January will be held on **Sunday, January 17, 2021 beginning at 10:30 am, via Zoom**. The persons who are noted in the Buddhist Church of Florin's (BCF) memorial records as having passed away in the month of January are listed below.

If the year 2021 is a special service year (see table) for a dearly departed relative, please contact Reverend Matt Hamasaki, Buddhist Church of Sacramento at 916-926-2221 to make special memorial arrangements.

Please inform Lois Kashiwase of any corrections or additions to the list.

Fuji, Chiyoko	01-29-1926	Nakamura, Hatsue	01-13-1938
Fujii, Minoru Richard	01-15-1998	Nakano, Seizo	01-22-1923
Fujiwara, Ichiro	01-19-1941	Nakashima, Chiyono	01-20-1929
Fukushima, Morio	01-08-1920	Negi, Eiju	01-23-1917
Furukawa, Hoichi	01-17-1968	Nishi, Beatrice Yaeka	01-21-2002
Hamataka, Toshio	01-22-2001	Nishi, Tamayo	01-29-1975
Hara, Yoshino	01-08-1919	Nishikawa, Phillip Takeshi	01-12-2016
Hirohata, Toku	01-30-1952	Oda, Toraichi	01-17-1957
Hiroshima, Infant	01-19-1915	Okamoto, Fumie	01-12-2010
Ikezaki, Suteichi	01-08-1955	Okimura, Kay Keiso	01-11-2012
Ishigaki, Hatsuo	01-22-1926	Okimura, Lucille Hironaka	01-10-1983
Iwamura, Hatsuye	01-20-2005	Okimura, Sadatoshi	01-18-1913
Kadokawa, Hide	01-17-1919	Okimura, Shigenobu	01-30-2019
Kadokawa, Kazo	01-07-1926	Onodera, Masami	01-03-1974
Kadokawa, Stillborn	01-15-1919	Otani, William Minoru	01-22-1987
Kadoya, Fusaye	01-14-2011	Sakamoto, Ayako Barbara	01-18-2014
Kanemoto, Dai	01-14-1986	Sakaoka, Hideo	01-18-1960
Kawamoto, Keichi	01-05-2009	Sako, Hisayo	01-04-1929
Kawamoto, Ted Yoshito	01-04-2014	Sasai, Masuzo	01-12-1942
Kawamoto, Yukio	01-20-1933	Sumida, Fujie	01-27-1919
Kawanishi, Karen	01-01-1970	Takehara, Hitoshi	01-18-1958
Kishaba, Kame	01-09-1981	Takehara, Kikumatsu	01-14-1948
Kodama, Masaichi	01-11-1957	Takeoka, Akemi	01-01-1976
Koyanagi, Yataro	01-02-1905	Takeoka, Hideyuki	01-01-1976
Kozumi, Alice Oda	01-06-1997	Takeoka, Kaoru	01-01-1976
Kozumi, Masahiro	01-07-2008	Tambara, Tomi	01-25-1919
Kumano, Ei	01-23-1963	Tanabe, Yoshio	01-17-1921
Kunugi, Teruichi	01-25-1911	Tanaka, George Tatsuto	01-12-2009
Kurima, Jitsuo	01-24-1920	Tanaka, Masaji (Baby)	01-13-1928
Kurima, Mikio	01-26-1920	Tanigawa, Sadaichi	01-06-1971
Kurima, Shizue	01-30-1910	Taniguchi, Koichi	01-01-1938
Kurima, Toshio	01-19-1911	Teranishi, Shigezo	01-18-1915
Maeda, Osamu	01-08-1932	Tokumura, Harry Hideo	01-05-2005
Maruki, Matsutaro	01-17-1917	Tokumura, Kurakichi	01-05-1958
Maruki, Yukiko	01-26-1941	Tomono, Isaburo	01-20-1959
Masuda, Zengo	01-08-1940	Toye, Misuno	01-14-1941
Matsui, Mitsue	01-08-1928	Toye, Uichi	01-12-1976
Menda, Arthur Shiro	01-27-2017	Tsukamoto, Hatsu	01-27-1970
Miyao, Jitsue	01-30-1911	Tsukamoto, Kanekichi	01-10-1955
Miyao, Masaye	01-11-2012	Wakabayashi, Tazuko	01-06-1975
Mukai, Infant	01-19-1916	Yamamoto, Hisano	01-28-1919
Muranaka, Sam	01-10-2007	Yamato, Tsutomu	01-05-1927
Nakagawa, Kaichi	01-31-1935	Yasukawa, Inosuke	01-27-1937
Nakagawa, Sumi	01-25-1973	Yasukawa, Tomo	01-07-1968
Nakahira, Tsutomu Ben	01-13-2002	Yumura, Stillborn	01-20-1920

2021 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>	<u>Year</u>	<u>Service</u>
2020	1 st Year	1997	25 th Year
2019	3 rd Year	1989	33 rd Year
2015	7 th Year	1972	50 th Year
2009	13 th Year	1922	100 th Year
2005	17 th Year		

Virtual Shotsuki Service

Please share the zoom link to any relatives or friends who may be interested in watching. Hope to see everyone Sunday, January 17th!

Time: 10:30 AM Pacific Time (US and Canada)
Jan 17, 2021 10:30 AM

To Join Zoom Service, go to:

<https://us02web.zoom.us/j/83339406274>

One tap mobile (Meeting ID: 833 3940 6274)
+14086380968,,83339406274# US (San Jose)
+16699006833,,83339406274# US (San Jose)

Or you can dial by your location

- +1 408 638 0968 US (San Jose)
- +1 669 900 6833 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
- +1 646 876 9923 US (New York)
- +1 301 715 8592 US (Germantown)
- +1 312 626 6799 US (Chicago)

Find your local number:

<https://us02web.zoom.us/j/83339406274>



Buddhism in Everyday Life The Teaching of Buddha

The spirit of Buddha is great Wisdom and Compassion to save all people by any and all means. It is the spirit of a mother toward her child, nourishing and protecting it. It is the spirit that prompts compassion to be ill with sickness of people, to suffer with their suffering. “Your suffering is my suffering, and your happiness is my happiness,” said the Buddha; and he does not forget that spirit for a single moment, for it is the self-nature of Buddhahood to be compassionate. A mother realizes her motherhood by loving her child, and the child reacting to his mother’s love feels safe and at ease. The Buddha’s spirit of compassion is stimulated according to the needs of the individual; each person’s faith is the reaction to this spirit, and it leads them to enlightenment.

Namu Amida Butsu

(Shin Buddhist Service Book)

Arigato
The Buddhist Church of Florin
Gratefully Acknowledges Generous Gifts

Peggy & Kenny Okabayashi *Donated generous supply of personal protective equipment (ppe) face masks, face shields, gloves, hand sanitizers, thermometers. Donated hands-free bathroom faucets and hands-free paper towel dispensers for the hondo bathrooms.*

Margie Sunahara *Donated 22 Safety Vests.*

Mark Hayashida *Donated industrial strength Sanitizing Tablets for food contact surfaces.*

Judy & Larry Yuki *Donated thermometer and face masks.*

Ann & Lon Tsukamoto *Donated Germ X Hand Sanitize (1 gal).*

Church Reopening Update

The Buddhist Church of Florin is following the lead of federal, state, and local governments and healthcare professionals as we consider a measured return to normal operating procedures disrupted by COVID-19.

The Church will move forward with ample caution, always strictly following the guidance of governments to prevent the spread of the pandemic. Your safety and well being will always be our utmost concern. The Florin Buddhist Church Reopening Committee has developed a phased reopening plan and safety and disinfecting protocols and will implement the phased reopening once the Florin Governing Board determines it is safe to reopen in accordance with federal, state, and local guidance. The Committee has considered health and safety facility upgrades such as handsfree devices (towel dispensers and faucets) for the restrooms, maintaining supplies of personal protective equipment (PPE) for church member/volunteers, and supplies of hand sanitizer and disinfecting supplies.

At this time Sacramento County remains in Purple Tier 1/Widespread tier and has directed to stop all non-essential activities and implemented a regional stay at home order. Therefore, all church services and activities will remain suspended until further notice.

Questions concerning reopening the church may be directed to Peggy Okabayashi at sachieokaba@gmail.com.

Buddhist Church of Florin LOTUS Club's Home Yard Work Fundraiser Supplemental Lost Revenue Due to COVID-19 Pandemic

The Buddhist Church of Florin's LOTUS Club, co-chaired by Ron Shimizu and Gary Okamoto, completed a successful Home Yard Work fundraiser to support the Church's lost revenue because of the Corona virus Pandemic. The LOTUS Club raised \$3,200 for the church.

The LOTUS Club gardeners worked on eight home yards from September through December 2020. The LOTUS Club trimmed and shaped shrubs, bushes, trees and did yard clean-up.

Thank you, members and friends who supported the LOTUS Club fundraiser: Masako Tomono, Sharon Yamamoto, Jean Okamoto, Mark and Gale Hayashida, Greg Menda, Eric Fujii, Mike Ota and Tsuto Ota.

Thank you to the dedicated LOTUS Club fundraiser gardeners who worked on the home yards over the past four months: Ron Shimizu, Greg Crandall, Gary Okamoto, Ben Kusaka, Lloyd Okimura, Ken Teranishi, Craig Shijo, Walter Menda, Ken Okabayashi and Harvey Kadoya. Special acknowledgement goes to Ron Shimizu, who initiated and supervised the LOTUS Club Home Yard Work fundraiser.

ONLINE PAYPAL DONATIONS

You can now make online donations/payments to the church by visiting our website at florinbuddhist.org and clicking on the "Donate" button near the bottom of the home page. This is convenient for you to make online donations/payments for such things as, osaisen, shotsuki, special services, membership and other services/events.

Contact Kathy Menda at (916) 392-1896 or (916) 761-9469 if you have questions.



Adopt a Senior this Holiday Season!

A BIG thank you to all of you who donated generously to the Jr. YBA Santa for Seniors project. Each senior received pajamas, slippers, socks, scarf, and treats. Without your donation, we would not have been able to fulfill all the wish lists for the seniors we sponsored. ~ Thank you from Jr. YBA.

Devon Akiyama & family

Rod Aoki

Tadashi Bennig & family

Karen Cairel

Ali Frey

Ellen Griggs

Devin Imai & family

Lois Kashiwase

Garrett Kishaba & family

Jennifer Kubo

Carol Kusama

Christine Lopez & family

Kathleen Menda

Diane Muranaka

Kianna Nakaoka & family

Wayne Nishida

Peggy Okabayashi

Sharon Okamoto

Bailey Fong & family

Candice Shibata

Diana Shijo

Shig Tahara

Susan Takeda

Kris Takeda-Miller

Ann Tsukamoto

Sandy Tsunekawa

Ginny Yamamoto Syphax



**Buddhist Church of Florin
Dharma School News & Events
January 2021
“B.R.A.I.D.” – Building Respectful Awareness
& Inclusion through Dharma**

Beginning of year

Is the clearing of the list.

And start of new dreams

Happy New Year! We have made it to 2021, and with this arrival comes lots of HOPE and EXCITEMENT. It is a new chapter in all our lives. Things are looking brighter and here are some of our new dreams: being more kinder to one another, being grateful to gather, and appreciating all those things that we once thought were given as normal. Stay healthy and safe.

Aloha nui loa (with much love),
Ella, Nadine, and Henry

Dharma Zoom

Dates

Jan 17, 2021 10:30 AM Theme for Sangha Member “What makes you think of Church”
Jan 24, 2021 10:30AM Theme for Sangha Member TBA
Jan 31, 2021 10:30 AM Theme for Sangha Member TBA

Join Zoom Meeting

<https://us02web.zoom.us/j/83460705891>

Meeting ID: 834 6070 5891

One tap mobile

+16699006833,,83460705891# US (San Jose)

+14086380968,,83460705891# US (San Jose)

Dial by your location

+1 669 900 6833 US (San Jose)

+1 408 638 0968 US (San Jose)

+1 346 248 7799 US (Houston)

+1 253 215 8782 US (Tacoma)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 646 876 9923 US (New York)

Meeting ID: 834 6070 5891

Find your local number: <https://us02web.zoom.us/j/83460705891>



Nov/Dec News
January 2021

BWA News

Tsuitou Hoyo Memorial Service

On December 5, Rev. Patti Oshita conducted the BWA's annual service to honor all past members. Betty Sadako Abe, Etsuko Okasaki, Chieko Loretta Otani, Carol Tahara, and Takeko Taniguchi entered Nirvana in 2020. Following the service, members received obento lunch, prepared by Nagato Sukiyaki, delicious cookies baked by Bev Tanaka, special treats from Jeanne Nakamura and Sandy Okuno, and kaki from Kevin Abe. Thank you to raffle donors: Lois Tanaka (grand prize baskets), Peggy Okabayashi, Sandy Okuno, and Jeanne Nakamura.

THANK YOU/ARIGATO

Charisse Okamoto in memory of Chieko Otani Jan Takeuchi in memory of Betty Abe
Norrine Okamoto in memory of Chieko Otani Ann Taniguchi in memory of Takeo Taniguchi

Lois Kashiwase – special Flora Nishida – special Hiroko Saigo – special
Jayne Yamamoto – special Ginny Syphax – bags of ribbon

Ladies of Jodo Shinshu:

Sharon Arase Shirley Gee Myrna Hitomi Cindy Kakutani

Tsuitou Hoyo:

Sharon Arase	Kathy Menda	Judith Shimizu
Junko Egi	Diane Muranaka	Margie Sunahara
Ellen Griggs	Sue Nakahira	Bev Tanaka
Cindy Kakutani	Peggy Okabayashi	Louise Teranishi
Liz Kono	Jean Okamoto	Masako Tomono
Donna Kunisaki	Sharon Okamoto	Ann Tsukamoto
JoAnn Kusaka	Alice Okimura	Toyo Tsukamoto
Esther Matsumoto	Mary Otani	Virginia Uchida

DANA – Cultivating Generosity

In addition to the *Run for Safe Haven* event, the BWA secured an additional \$700 in matching funds for My Sister's House from the Buddhist Church of America's Social Welfare Fund.

Run to Feed the Hungry Walk – On November 24, the BCF/BWA team and members walked through East Sacramento. Their efforts raised \$329.50 for Sacramento Food Bank and Family Services. Thanks to the walkers, supporters and Sandy Okuno for organizing the team.

Mask Donation – BWA donated children sized cloth masks, made by Ellen Griggs and 3 boxes of disposable masks to Mustard Seed School, a Loaves and Fishes program for children, aged 3-15.

Welcome 2020 new members – Hide Nakajo, Linda Nakajo-Jaggar and Charisse Okamoto.

LOTUS Club News

Learning Oriental Trimming ...

December
[Jan. 2021 issue]

Land Park Pond 7-'20

Gardening & more ...

Fire extinguisher check – Harvey Kadoya and Lloyd Okimura

collected over 20 extinguishers from throughout the church facilities including the Kendo bldg. (former temple) in late Nov. for the yearly fire extinguisher maintenance



check. This job was in the past one of many behind-the-scene jobs that the late **Ron Okimura** did for the temple for many years.



Recent Foggy morning

Featured Members:

One husband-wife team Includes **Ben & Joann Kusaka**. Ben works throughout the grounds pruning the pines & maples, co-coordinates the recycling program with Harvey and keeps the sago palm tree looking good.



Joann & Ben in front of newly refurbished exterior of outside kitchen. (Devon's Eagle project)

Joann started volunteering while still working (part time). Now retired she bakes the morning snacks for the guys each week & is instrumental in lunch planning and prep.



Ben's sago



ARIGATO Tomio Ito for the cow bell to round up the guys for lunch.

Joann holding above

Cherry Tree Replacement

A BIG THANKS to **Russ Kanemasu** who donated the cherry tree on the right during late summer as the first replacement did not survive the hot summer. Here's hoping the next photo will display spring blossoms.



Snow Fountain Weeping



Lunch Fixin's

JoAnn Kusaka
JoAnn K/Jan T

Weekly AM snacks
Weekly lunches/side dishes:

Beef sandwiches (including prime rib donated by Lloyd O. & BBQed by Kenny one day), tamales & fixin's...

Sharon Okamoto/
Ginny Syphax

Alternating lunch desserts:

Pudding cake, lemon cupcakes & chocolate cheesecake brownies

Buddhist Church of Florin

Kikuyo and Kinjiro Nakatani Scholarships 2021-2022

The Buddhist Church of Florin's Kikuyo and Kinjiro Nakatani Scholarship program offers academic financial assistance to our church members' high school and college students with seven scholarships:

- A \$5,000 scholarship, a \$3,000 scholarship and a \$2,000 scholarship to graduating senior high school students;
- A \$5,000 scholarship, a \$3,000 scholarship, a \$2,000 scholarship and a \$1,000 scholarship to students attending a university, college or vocational school.

Graduating high school students who will be attending full time and/or students attending an accredited college, university or vocational school full time in 2020-2021 may apply for the scholarships. The student's parent(s) or student must be a member of the Buddhist Church of Florin to be eligible for the scholarships.

The evaluation criteria will be:

- Active involvement in church, community and school activities
- Scholastic achievement
- Essay
- In-person interview

The Scholarship Committee will place a heavier weight on activities and responsibilities performed at the Buddhist Church of Florin or at a local Buddhist Temple for out-of-town college students. A highly competitive applicant is one who demonstrates active participation at the Buddhist Church of Florin with emphasis on Dharma School, YBA or other church activities. Leadership roles, in special projects at the Buddhist Church of Florin or special projects for its members, will be a definite plus when evaluating applicants. The special project should show the application of Buddhist teachings in day-to-day life. Special projects can be performed independently or in conjunction with a Dharma School, YBA activity or church event. Applicants should discuss their special project with the Dharma School Superintendent, YBA advisor or church Board President. The same applies for those out-of-town college students who participate at a local Buddhist Temple. Out-of-town college students can contact Walter Menda for a local Buddhist Temple near their campus.

Church Member Parents-Please encourage your children to apply for the Buddhist Church of Florin's Kikuyo and Kinjiro Nakatani Scholarships. Applications will be available from the Nakatani Scholarship Chairperson, Walter Menda, or Florin Dharma School Superintendent and YBA advisors in January 2021.

Application Deadline: Applications must be received by the Nakatani Scholarship Chairperson by midnight, April 1, 2021.

Kikuyo and Kinjiro Nakatani Public School Teacher Grant \$1,000

Public school education is the foundation for a harmonious and prosperous society. Unfortunately, public school teachers pay for classroom supplies and educational material with their own money because of school budget cuts. The Buddhist Church of Florin supports public school teachers by offering a \$1,000 grant for classroom supplies and education materials.

To be eligible for the Kikuyo and Kinjiro Nakatani Public School Teacher Grant, you must be a full-time public school teacher in Kindergarten through 12th grade; and a member of the Buddhist Church of Florin (church membership dues are paid and current).

Applications are accepted on an ongoing basis. Contact Walter Menda for a Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application at (916) 392-1896 or wmenda@pacbell.net.





Make a Free Donation to the Church? As Easy as 1, 2, 3, 4. 5

IF YOU SHOP ON AMAZON, YOUR PURCHASES CAN EARN \$\$\$ FOR THE BUDDHIST CHURCH OF FLORIN!

The **Buddhist Church of Florin (BCF)** has joined a neat new program, **AmazonSmile**, an easy way to support the Church every time you shop, at no extra cost to you. When you shop at smile.amazon.com, you find the same low prices, selection and easy shopping, while Amazon donates ½% of the purchase to the Buddhist Church of Florin.

HERE'S HOW IN 5 EASY STEPS:

1. Go to smile.amazon.com on an internet computer
2. Sign in (email address or mobile phone) in the field.
3. Enter your Amazon Password in the field.
4. Select Buddhist Church of Florin – type in “Florin” to find it
5. Start shopping

If you're not an Amazon member yet, first click on “Create an Account”, follow instructions, and select Buddhist Church of Florin.

AMAZON SMILE PROGRAM INFORMATION:

- **How do I shop at AmazonSmile?**
To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to shop at AmazonSmile.
- **Which products on AmazonSmile are eligible for charitable donations?**
Millions of products on AmazonSmile are eligible. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.
- **Can I use my existing Amazon.com account on AmazonSmile?**
Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding, and other account settings are also the same.

GIFT CARD FUNDRAISER

Purchase gift cards for yourself, family or friends and Buddhist Church of Florin (BCF) will receive a percentage of the sale. Don't forget gifts for birthdays, graduations, baby showers, or anniversaries. For a complete list of gift cards offered, go to shopwithscrip.com. You can place your order online (BCF's enrollment code is 2481168D38LL7) or you can contact Ann Tsukamoto at 916-683-3401 or email awtsukamoto@comcast.net to place your order and make arrangements to pick up your order at her house in Elk Grove.

NEW!!!! If you want to place an order, your order must be received by Ann by 12 PM on the following date.

ORDER DUE DATE: January 9, 2021 (mark your calendars!)

Your order will arrive at Ann's house the following week.

Ann has the following on hand (limited amounts) for immediate purchase:



Due date: January 9, 2021

Ann must receive your order by 12 PM on the due date.

Next ordering date: February 13, 2021

Ann has in stock (call her at 916-683-3401) the following cards:

\$25 – Raley's/Bel Air, Safeway, Target, Save Mart, Starbucks

\$50 – Sprouts, Walmart

\$100 -- Raley's/Bel Air, Safeway

ALL ORDERS MUST be received by January 18, 2021. Recommended to put in the mail a week before this date.



**Buddhist Church of Florin
Teriyaki Chicken* Plate
Fundraiser**

*People's Choice Award
Northern California District
Chicken Throwdown

Sunday, February 7, 2021 11:00 am – 1:00 pm

Prepaid contactless drive-thru pick up only

Plate includes: ½ chicken, rice, pickled cabbage, orange slices

TO ORDER:

1. Print & fill out the order form.
2. Make check out to: Buddhist Church of Florin
3. Send check and order form to:
Buddhist Church of Florin/ Chicken Fundraiser
P.O. Box 292006, Sacramento, CA 95829.
Must be postmarked by January 18, 2021



PICK UP YOUR ORDER:

February 7th, 2021 11:00 am-1:00 pm
7235 Pritchard Road, Sacramento, CA 95828

Email or phone orders will not be accepted
Please print & fill all lines of the form.

Name _____

Phone # _____

Email _____

Number of orders _____ x \$15.00 Total \$ _____



Thursday Night Medical Series

"Living Each Day Well"

Thursday, January 21, 2021

6:30 pm, Zoom



Come and learn how to prevent Cardiovascular Disease: Weight loss, Cholesterol Lowering, and Beyond and Heart issues pertaining to women



Dr. Nancy Luo

Consultant Cardiologist, Mercy Medical Group

Please sign-up at
BetsuinPrograms@buddhistchurch.org

Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

If you have any questions,
contact Rev. Patti at
BetsuinPrograms@buddhistchurch.org



Thursday Night Medical Series

"Living Each Day Well"

Thursday, February 18, 2021

6:30 pm

Community Care: Japanese-American Buddhist Activism



Naomi Nakano Matsumoto
Sr. Director of Social Justice, YWCA
LCSW

and
Devon Matsumoto
Fresh Lifelines for Youth,
Leadership & Middle School
Program Coordinator, MSW

Please sign-up at
BetsuinPrograms@buddhistchurch.org

Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233