



ONENESS

Buddhist Church of Florin



September 2021

Volume 9

At the time of writing this, we are in the middle of another heat wave with temperatures rising above 100 degrees. Luckily, though, I can always count on the Delta Breeze to cool us off as it gets into the evening. I had never stopped to think before about what exactly the Delta Breeze is or why it is able to bring us cooler temperatures so consistently. Perhaps I was too busy enjoying it that I didn't question, and maybe you were like me and didn't think about it until now. Or maybe you did know in which case, I congratulate you and you can skip to the end.

I looked in general to what causes the wind to blow in any particular direction. It has to do with many different factors, but one of the biggest ones is that air travels from high pressure areas to low pressure areas. This is the natural action of nature balancing itself out. Just like osmosis where a liquid of a high concentration moves across a semipermeable membrane to the side of the lower concentration until the two sides are of equal concentration.

What creates this difference in air pressure is, more often than not, is the change in temperature. The summer weather heats the land at a quicker rate than the ocean. Since it's hotter on land, the air pressure is lower and the cool air above the ocean, which is higher, naturally wants to come inward. The pathway to the Valley is through the Delta which pulls the air eastward and then disperses it throughout the Valley, cooling everyone down. And that's why it's called the Delta Breeze!

In life, we can also get heated. Not in the literal sense where our temperature goes up very high, but we can get upset, frustrated, angry (although it may seem like sometimes steam comes out of our ears!). What Buddhism teaches us is, just like nature, naturally we do not want to feel that way. However, not all of us have a "Delta" built into us that will help channel our frustrations into peace. Luckily, we are given the nembutsu practice which will help us get to that point. When we can rely on the practice rather than ourselves, it helps direct our anger into gratitude. Of course, this isn't something that happens overnight, but with continued reliance, we can cut down the time and energy it takes to get there so, like the Breeze, we can cool off without even thinking!

Gassho,
Rev. Matthew Hamasaki

September Monthly Memorial (Shotsuki Hoyo) Service

The monthly memorial service for those who passed away during the month of September will be held on **Sunday, September 5, 2021 beginning at 10:30 am via Zoom**. The persons who are noted in the Buddhist Church of Florin's (BCF) memorial records as having passed away in the month of September are listed below.

If the year 2021 is a special service year (see table) for a dearly departed relative, please contact Reverend Matt Hamasaki, Buddhist Church of Sacramento at 916-926-2221 to make special memorial arrangements.

Please inform Lois Kashiwase of any corrections or additions to the list.

Abe, Betty Sadako	09-07-2020	Nishida Sr., John Yoshio	09-04-2003
Aoki, Tokuhisa	09-28-1993	Nishimura, Haruto	09-25-1996
Asada, Fumio	09-11-1933	Oda, Tomitaro	09-21-1916
Baishiki, Eve Midori	09-02-2019	Ohara, Misuye	09-13-1973
Fujii, Gladys	09-01-1990	Otani, Edward	09-26-2019
Fujii, Toku	09-01-1968	Saigo, Takeshi	09-21-1979
Furukawa, Eiji	09-05-1912	Sakai, Yasuke	09-23-1977
Furukawa, Yoshio	09-29-1917	Sasaki, Louis	09-18-2019
Furukawa, Yuki	09-28-1927	Seno, Baby	09-17-1923
Fuwa, Tane	09-04-2003	Shiizaki, Stillborn	09-05-1927
Hara, Tami	09-11-1917	Shimosaka, Chisako	09-18-1936
Ishigaki, Infant	09-09-1915	Tahara, Carol Naoko	09-27-2020
Ishigaki, Sadao	09-11-1989	Tahara, Mitsuo	09-01-1929
Ito, Eijiro	09-20-1933	Takahashi, Akio	09-29-1917
Kawashima, Matsutarō	09-07-1922	Takayama, Fumiko	09-28-1926
Kazuta, Umeno	09-10-1917	Takemori, Seiro	09-01-2002
Kitamura, Yoko	09-05-1999	Takeoka, Bobby	09-14-1925
Kumano, Jiro	09-29-1954	Takeoka, Jimmy	09-11-1921
Kurima, Koichi	09-24-1974	Takeoka, Tadashi	09-07-1999
Kurima, Tora	09-04-1974	Takeuchi, Tayeko	09-11-2014
Kushida, Kiyoshi	09-13-1914	Tanaka, Shizue	09-29-1969
Kushida, Takeji	09-04-1931	Taniguchi, Mitsuru	09-21-1924
Maruki, Makiko	09-08-1940	Terasaki, Kiyoshi	09-02-1923
Miyano, Jitsuo	09-26-1973	Tsukamoto, Karen Miyeko	09-14-2018
Nakajo, Masahiro	09-05-2020	Tsushima, Kazuo	09-27-1988
Nakao, Herbert	09-30-1995	Yabumoto, Jimma	09-20-1996
Nakashima, Satsue	09-14-1932	Yamamoto, Tamehachi	09-21-1962
Nekoda, Masae	09-24-1919	Yamato, Isamu	09-29-1927
Nishi, Hisashi	09-01-1974	Yoshinaga, Hanna Hanako	09-02-1997
Nishi, Kinuye	09-23-1920	Yoshinaga, Toki	09-29-1977
Nishi, Shinae	09-20-1925	Yubuta, Shinichi	09-29-1962
Nishi, Takei	09-29-1919		

2021 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>	<u>Year</u>	<u>Service</u>
2020	1 st Year	1997	25 th Year
2019	3 rd Year	1989	33 rd Year
2015	7 th Year	1972	50 th Year
2009	13 th Year	1922	100 th Year
2005	17 th Year		

VIRTUAL SHOTSUKI/OHIGAN SERVICE

Please share the zoom link with any relatives or friends who may be interested in watching. Hope to see everyone Sunday, September 5th.

Topic: **Shotsuki/Ohigan Service**

Date: September 5, 2021 at 10:30 am

Buddhist Church of Florin is inviting you to a scheduled Zoom meeting.

Topic: Buddhist Church of Florin Virtual Zoom August Shotsuki/Ohigan Service

Time: September 5, 2021 10:30 AM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/83339406274>

Meeting ID: 833 3940 6274

One tap mobile

+14086380968,,83339406274# US (San Jose)

+16699006833,,83339406274# US (San Jose)

Dial by your location

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 646 876 9923 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

Meeting ID: 833 3940 6274

Find your local number: <https://us02web.zoom.us/j/83339406274>



ONLINE PAYPAL DONATIONS

You can now make online donations/payments to the church by visiting our website at florinbuddhist.org and clicking on the "Donate" button near the bottom of the home page. This is convenient for you to make online donations/payments for such things as, osaisen, shotsuki, special services, membership and other services/events.

Contact Kathy Menda at (916) 392-1896 or (916) 761-9469 if you have questions.



Buddhism in Everyday Life

Ohigan, meaning Other Shore, is a service conducted in the spring and fall, on or about the equinox. During this time, the world seems in balance. The weather is temperate and the days and nights are of equal length. At such a time, we are encouraged to sense the constant change and oneness of all existence. In seeking harmony within ourselves, we practice the Six Paramita.

Higan I

The purest time in nature's realm, is in the early spring and fall.
These are the days when hearts of life become one with self and all.

In the spring the gentle breezes, in its most sustaining way, lifts our longing spirits, beyond the toils of life.

The autumn sky with its golden haze, in its radiant splendor, tells our searching heart the flow of nature's ways.

Namu Amida Butsu

(Gatha-Shin Buddhist Service Book)

Buddhist Church of Florin
Governing Board Meeting Highlights
Meeting Date: August 12, 2021

BCA Liaison, Peggy Okabayashi: BCF President and Past President will be meeting with Bishop Harada and Rev Matt Hamasaki via Zoom to discuss the MOU for future ministerial coverage for Florin.

Treasurer, Kathy Menda: All affiliates were reminded to comply with the BCF Affiliated Organizations Guidelines. Second quarter financial reports were due by July 31, 2021.

Lease the Residence: The BCF Board approved seeking a renter for the residence. Fair rental value of \$1,800 to \$2,000 plus utilities. Prefer a renter be a temple member or related to a temple member. To date not no one has expressed interest in leasing the residence.

Vollara Air & Surface Pro with ActivePro Technology: The Reopening Committee recommended not purchasing the Vollara surface and air purifier that uses the patented ActivePro Technology to eliminate contaminants on surfaces and in the air without the use of ozone.

A motion was made and seconded and approved to add the Terrorism Risk Insurance Act provision to our insurance policy. Annual cost less than \$200.

Next Meeting – Thursday, September 9, 2021, at 7:30 PM via Zoom



Buddhist Church of Florin

florinbuddhist.org

Fall Food Fundraiser

Sunday, September 12, 2021 11:00 AM to 1:00 PM

To Order:

1. Return your order form with payment
2. Orders **MUST** be postmarked by August 24, 2021
3. Make check payable to: BUDDHIST CHURCH OF FLORIN
4. Mail check and order form to:

Buddhist Church of Florin
Fall Food Fundraiser
P. O. Box 292006
Sacramento, CA 95829

Pick Up Your Order on September 12th, between 11:00 AM -1:00 PM

7235 Pritchard Road, Sacramento, 95828

Prepaid contactless drive thru pick up only

Email or phone orders will not be accepted

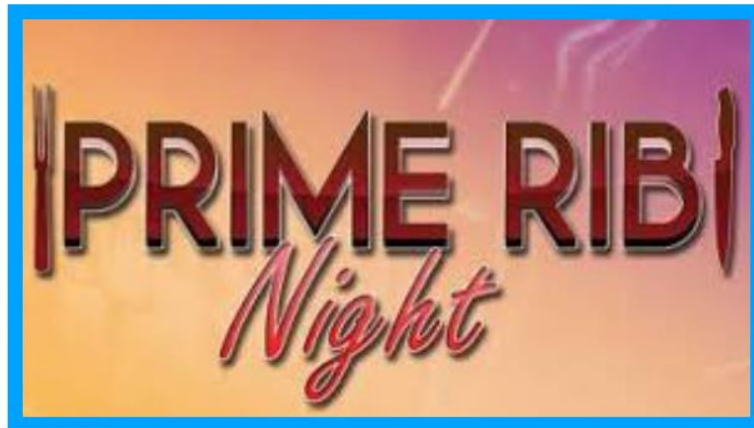
ITEM	QTY	UNIT COST	TOTAL
Chicken Plate (½ teriyaki chicken, vegetable, rice, pickled vegetable, sliced oranges)		x \$18.00	
Curry Rice		x \$6.00	
TOTAL ENCLOSED			

Name (Print)	
Address	
City	Zip
Contact Number (required)	
Email Address	

Buddhist Church of Florin

Curbside Pick-Up Dinner
Prime Rib, Gravy, Rice, Veggies

Sunday October 3, 2021 3-5pm



HOW TO PLACE YOUR ORDER:

- 1) **Complete ORDER FORM** below
- 2) **Make out CHECK to Buddhist Church of Florin** (*Checks will be deposited *after* the event)
- 3) **Submit ORDER FORM & CHECK** (Mail or drop off **NO LATER THAN** September 23, 2021) to:
E FUJII, 325 34TH STREET, SACRAMENTO, CA 95816
- 4) **Pick up your order** on Sunday October 3rd -between 3-5PM...
 - Drive into church parking lot at 7235 Pritchard Road, Sacramento 95828
 - Check-in at first station and your dinner will be delivered to your car.

YOUR NAME?		TOTAL DUE:
HOW MANY ORDERS?	_____ X \$30.00 EACH	
YOUR PHONE NUMBER?		
<i>*We will make every effort to accommodate requests for 'end cuts'. Let us know how many of above orders are END CUTS: _____</i>		
<i>(*No other special requests).</i>		

Need more information? Contact E Fujii (916) 955 1954 or email efujii52@gmail.com



July/August News
September 2021

BWA News

THANK YOU/ARIGATO

Mary Kawanishi – Special
Hiroko Saigo – gift card

Sue Nakahira – Special
Fusako and Sharon Okamoto -

Peggy Okabayashi – Special
In kind donation

Dana Project gift cards:

Lois Kashiwase
Peggy Okabayashi
Connie Yee

Liz Kono
Hiroko Saigo

DANA – Cultivating Generosity

July Dana Projects – Thank you to all the generous donors and volunteers.

Loaves and Fishes – delivered over 100 rolls of toilet paper and \$275 gift cards.

Meadowview Family Resource Center – 4 bags of children’s art, craft and recreational items.

August Projects:

Wellspring Women’s Center – backpacks and school supplies.

My Sister’s House – new office supplies.

September Dana Project:

Sacramento Children’s Home: Household items

Sacramento State Food Pantry: Food Drive

CELEBRATION - Happy birthday Grace Kodama!

Parking Lot Sale – Saturday, October 9, 2021 - Rental spaces and tables are available to sell your items! Social distancing and other Covid guidelines will be followed. Questions? Contact Sandy Okuno 916 424-6146 (home/leave msg.), email: whocares13.comcast.net.

Tsuitou Hoyo Service and Bonenkai (via Zoom), Saturday, December 4, 2021, 11:00 AM, guest speaker Rev Elaine Donlan.

Walking Group - Next walk – Wednesday, September 1, 2021 9:00 AM at William Land Park. Meet at golf course parking lot.

World Buddhist Women’s Convention Kyoto, Japan May 10-12, 2023- joint celebration of Shinran Shonin’s 850th birthday and the 800th anniversary of the Jodo Shinshu Teaching. NCBWA post-convention tour to Kyushu and Okinawa (May 8 – May 25, 2023).

BWA September 2021 Dana Projects



Requesting:

**HOUSEHOLD
ITEMS** (New)



Requesting:

**FOOD
DRIVE**

**NON
PERISHABLE
GOODS**

Collection Dates:
BCF Gym

Sept. Thurs [LOTUS days] (9 a.m. - 1 p.m.)
Sept. 24 [Last Friday] (10 a.m. - 12 p.m.)

Call Sandy Okuno to schedule if 9/24 drop off



FOR SALE

Kasa Uri \$15
(Quart size)

Contact **Sandy Okuno** for
questions, order info
916 424-6146 (home/leave msg.)

LOTUS News

Learning Oriental Trimming ...

[September issue]

Aug. 2021 News

Land Park Pond

7-'20

LOTUS extends sincere condolences to George & Judie Miyao for the loss of their son, Tom, earlier this month.

Featured Member: Lloyd Okimura

Lifelong BCF & pre-LOTUS maintenance, "Jack of All Trades, Lloyd Okimura will be the final LOTUS member to be featured. This year alone, Lloyd worked on storm damage [replacing part of the tool shed roof, painting and reinstalling the lattice fence (parsonage yard)]; installed new tubing for the kitchen stove in addition to building a pipe protector box so big pots would not bend the piping (gym kitchen); replaced the leaking gym kitchen faucet, assisted in replacing the drain valve—the broken one led to the parking lot flooding; assisted in installing a new outside kitchen door & siding then painting and seen here tending to the garden. Lloyd is also instrumental in assisting with Senior Lunch planning.



Note: Finally have a handle on the weeds thanks to Sharon O, George M & many members of LOTUS

BCF Composting



Ken Okabayashi tends to the composting piles. Shown above are the various stages (several weeks' worth of lawn clippings, kitchen and yard waste). Organic compost started earlier this year was used in the summer garden.

LUNCH FIXIN'S



JoAnn Kusaka
JoAnn K/Jan T

Weekly AM snacks including mochi cake (2x)
Shoyu wieners/somen, tamago rolls, uri/chicken bowl,
baked kale chips, fruit salad/Mexican casserole, M. salad
Made fried rice for LOTUS members

Eric Fujii
Lloyd Okimura

Made tsukemono & provided rock cod; JoAnn steamed with black bean topping

Carol Kusama
Sharon Okamoto/

Freshly picked tomatoes given to LOTUS members
Strawberry pistachio pudding dessert, whipped cream lemon cake, Chinese chicken salad

Ginny Syphax
P&K Okabayashi
Sharon Yamamoto
Frank Fong

Stained glass jello, whipped cream peach cake
Picked up watermelon/corn for all from Takemori Farms
Homemade salsa (requested); used for Mexican salad
Freshly picked tomatoes used in Mexican casserole & M. salad

PARKING LOT SALE



**New fundraiser
in place of an indoor
rummage sale**



**Sell your items/
crafts to the
general public**

**Preliminary
details below
(Subject to change).**



**Questions?/
Sign up**

Contact:
Sandy Okuno
916 424-6146
(home/leave msg.)

**\$25/
table**

**+ %
of
sales**

October 9 (Sat)

PARKING LOT SALE

**Need table?
Extra \$\$**

**Under
awning?
Extra
\$\$**

**Unsold items must be
taken home; church
garbage bin will not be
available**

**Spaced in
accordance to
Covid guidelines.**

BCF Parking Lot

**Table sales —
Church & BWA members only
but purchases open to public**

Kikuyo and Kinjiro Nakatani Public School Teacher Grant

\$1,500

Public school education is the foundation for a harmonious and prosperous society. Unfortunately, public school teachers pay for classroom supplies and educational material with their own money because of school budget cuts. The Buddhist Church of Florin supports public school teachers by offering a \$1,500 grant for classroom supplies and education materials; and if necessary, for reopening Personal Protection supplies and equipment.

To be eligible for the Kikuyo and Kinjiro Nakatani Public School Teacher Grant, you must be a full-time public school teacher in Kindergarten through 12th grade; and a member of the Buddhist Church of Florin (church membership dues are paid and current).

How to become a member of the Buddhist Church of Florin? If you are married, please join under the couple/family category or if single, the adult single category. Contact Walter Menda for a 2021 Church Membership Form at (916) 392-1896 or wmenda@pacbell.net.

Please complete the Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application and email to Walter Menda. Applications are being accepted on an ongoing basis.

Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application

Name:

Address:

Telephone Number and E-mail Address:

Member of Buddhist Church of Florin (Yes/No):

Name of School:

School District:

Grade:

Teaching Credential (Yes/No):

School Term (i.e., September 2021 to June 2022):

How I plan to spend the \$1,500 grant:

I certify that I have provided complete and accurate information to the items on this application. I fully understand that any misrepresentation of information may revoke any right to a grant.

Signature of Applicant

Date

If you haven't designated Buddhist Church of Florin as your charitable organization, please do...free money to BCF! Thank you!



Make a Free Donation to the Church? As Easy as 1, 2, 3, 4, 5

IF YOU SHOP ON AMAZON, YOUR PURCHASES CAN EARN \$\$\$ FOR THE BUDDHIST CHURCH OF FLORIN!

The **Buddhist Church of Florin (BCF)** has joined a neat new program, **AmazonSmile**, an easy way to support the Church every time you shop, at no extra cost to you. When you shop at smile.amazon.com, you find the same low prices, selection and easy shopping, while Amazon donates ½% of the purchase to the Buddhist Church of Florin.

HERE'S HOW IN 5 EASY STEPS:

1. Go to smile.amazon.com on an internet computer
2. Sign in (email address or mobile phone) in the field.
3. Enter your Amazon Password in the field.
4. Select Buddhist Church of Florin – type in “Florin” to find it
5. Start shopping

If you're not an Amazon member yet, first click on “Create an Account”, follow instructions, and select Buddhist Church of Florin.

AMAZON SMILE PROGRAM INFORMATION:

- **How do I shop at AmazonSmile?**
To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to shop at AmazonSmile.
- **Which products on AmazonSmile are eligible for charitable donations?**
Millions of products on AmazonSmile are eligible. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.
- **Can I use my existing Amazon.com account on AmazonSmile?**
Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding, and other account settings are also the same.

GIFT CARD FUNDRAISER

Purchase gift cards for yourself, family or friends and Buddhist Church of Florin (BCF) will receive a percentage of the sale. Don't forget gifts for birthdays, graduations, baby showers, or anniversaries. For a complete list of gift cards offered, go to shopwithscrip.com. You can place your order online (**BCF's enrollment code is 2481168D38LL7**) or you can contact Ann Tsukamoto at 916-683-3401 or email awtsukamoto@comcast.net to place your order and make arrangements to pick up your order at her house in Elk Grove.

NEXT ORDER DUE DATES: (mark your calendars!)

If you want to place an order,

**your order must be received by Ann
by 12 PM on the following dates:**

September 22 & October 20

Your order will arrive at Ann's house for pick up the following week.



**You can also call Ann to see what gift cards she has in stock,
available now (call her at 916-683-3401).**



Thursday Night Medical Series

"Living Each Day Well"

Thursday, September 23, 2021

6:30 pm

"Understanding Alzheimer's and Dementia"



(Kate Kriner, Alzheimer's Association Community Educator)

Please sign-up at
BetsuinPrograms@buddhistchurch.org

