



ONENESS

Buddhist Church of Florin



May 2022

Volume 5

This month will be Gotan-E, the day commemorating the birth of the founder of Jodo Shinshu, Shinran Shonin. He was born Matsuwaka-maro on May 21, 1173, near Kyoto, Japan. He lost his parents at a young age and was put in the care of his uncle who, upon seeing his potential, brought him at age nine to Shoren-in Temple to become a monk. They arrived in the evening and the head monk at the time, Jien, told them to wait for the next day for ordination. However, the young boy wrote a poem about the precious moments all beings have: *Like cherry blossoms are the minds/That think there is a tomorrow;/But who can tell, there may be/A tempest in the night.* Upon reading this, Jien understood the grasp the youth had on life and had him ordained that night and took the name Hannen.

Hannen studied on Mount Hiei for twenty years, but at the age of 29, decided he could not find the answers he was looking for. He meditated at Rokkaku-do searching for the next step for him and on the 95th day, he had a vision of Prince Shotoku who directed him to see Honen. From Honen he learned the Nembutsu teaching and realized that this was what he was looking for. Upon joining Honen's disciples, he received the name Shakku and eventually was given the name Zenshin. Honen's movement was growing strong and was at odds with the dominant Buddhist sects at the time. As such, Honen and his close disciples were exiled, Zenshin included. Having his priestly status forcible removed, he took the name Shinran. Shinran took his exile as an opportunity to spread the Nembutsu teaching throughout rural parts of Japan and to write his magnum opus, the Kyogyoshinsho. He travelled with his wife, Eshinni and eventually had seven children. Eventually, he was pardoned and returned to Kyoto with his daughter Kakushinni, who took care of him as he got older until the end of his life.

It is amazing to me that Shinran worked at something for twenty years and decided to abandon it. To put so much of your life into something and then walk away would be unthinkable for many people. But this perhaps is the result of thinking known today as the "sunken cost fallacy". This describes our tendency to follow through with something if we have already invested time, effort, or money into, whether the current costs outweigh the benefits or not. Some examples of this would be if we order too much food and then eat after we're uncomfortable just to get our money's worth. Or, if we stay in a relationship that we're not happy in because we've already been in it for years.

We do this because as humans, we are emotional creatures and not rationally thinking robots. We don't realize that all that we've expended already cannot be recovered. We decide based on past costs instead of present and future costs and benefits. There are many factors into why we do this, including loss aversion, commitment bias, and how we frame the narrative. However, suffice it to say that we look at what we have already "sunk" into and not at what would be best for us going forward. Shinran understood that this way of thinking was a fallacy and thus he was able to move on from something that he had sunk two decades into. I believe it is a great lesson to all of us not to have minds like cherry blossoms assuming we have all the time in the world. Rather, life is short and that it is never too late to reevaluate where we are in life and make a change.

Gassho,
Rev. Matthew Hamasaki

May Monthly Memorial (Shotsuki Hoyo) Service

The monthly memorial service for those who passed away during the month of May will be held on **Sunday, May 8, 2022 beginning at 11:30 am. The service will be conducted in-person by reservation.** The persons who are noted in the Buddhist Church of Florin's (BCF) memorial records as having passed away in the month of May are listed below.

If the year 2022 is a special service year (see table) for a dearly departed relative, please contact Reverend Matt Hamasaki, Buddhist Church of Sacramento at 916-926-2221 to make special memorial arrangements.

Please inform Lois Kashiwase of any corrections or additions to the list.

Fujii, Fusaye	05-21-1988	Omachi, Hisayo	05-19-2001
Fujii, Masao	05-13-1913	Onodera, Tatsue	05-04-1957
Fujii, Umeno	05-18-1968	Oyama, Ayako	05-04-1997
Fuwa, Kan	05-10-1974	Sakakibara, Hisaye	05-31-1918
Harada, Mitsuko	05-29-1918	Shiizaki, Sumako	05-23-1922
Hayashi, Saya	05-04-1920	Tahara, Shiro Albert	05-17-2012
Imahara, Minezo	05-11-1941	Tahara, Tsune	05-03-1997
Ito, Shigeharu	05-21-1931	Takeda, Baby Girl	05-28-2002
Ito, Shika	05-20-1952	Takehara, Kikuyo	05-28-1937
Kanenaga, Takashi	05-13-2019	Takehara, Shika	05-04-1906
Kawanishi, Fusa	05-08-1985	Takemoto, Takeo	05-18-1924
Kodama, Hidemo	05-15-1983	Takeoka, Masako	05-23-2000
Kohagura, Kano	05-14-1928	Takeoka, Yoshio	05-03-1942
Koyama, Sankichi	05-21-1918	Tamura, Shinjiro	05-01-1939
Kurata, Shizuka	05-03-1920	Tanaka, Wilbert Toshio	05-06-1996
Kurima, James Hayami	05-12-1977	Tange, Masato	05-16-1927
Lopez, Jeffrey	05-30-2015	Taniguchi,	05-29-1913
Matsumoto, Kikujiro	05-16-1942	Taniguchi, Baby	05-30-1938
Matsuoka, Iwakichi	05-09-1927	Tashima, Kihachi	05-30-1913
Mitsuyoshi, Yoshio	05-25-1993	Tonai, Raymond Hideharu	05-13-2016
Mizusaka, Teri Sumako	05-02-2014	Tsukamoto, Trisha	05-17-2005
Morioka, Fumiye	05-29-2002	Umemoto, Ryosuke	05-08-1931
Mukai, Sueno	05-07-1952	Yamada, Tamaki	05- -1945
Nakamura, Hoichi	05-10-1963	Yamada, Yotsuo	05-27-1928
Nakano, Itsu	05-03-1914	Yamamoto, Tokuzo	05-29-1915
Nakao, Jack	05-18-2015	Yamanaka, Fusaye	05-25-1958
Nakashima, Infant	05-30-1919	Yoshida, Bungo	05-14-1974
Oda, Matsumi	05-09-1988	Yoshihara, Iwa	05-26-1976
Oda, Tsune	05-10-1951	Yoshinaga, Kajiro	05-15-1966
Okamoto, Heisaburo	05-03-1946		

2022 Memorial Service Schedule

Please schedule a service if your loved ones passed away in the following years:

<u>Year</u>	<u>Service</u>	<u>Year</u>	<u>Service</u>
2021	1 st Year	1998	25 th Year
2020	3 rd Year	1990	33 rd Year
2016	7 th Year	1973	50 th Year
2010	13 th Year	1923	100 th Year
2006	17 th Year		

WELCOME BACK!

Beginning May 8, 2022, Sunday Shotsuki/Dharma School Services will be held **in-person in the Hondo at 11:30 a.m.** Service will be held the second Sunday of the month. Zoom services will no longer be available.

We will continue to follow safety protocols for all in-person services. The changes are in effect starting May 1, 2022:

- Arrive early to check in at the main entrance to the Hondo.
- Face masks must always be worn while indoors.
- Sanitize hands before entering the Hondo or other church facilities.
- Continue to practice social distancing.
- Proof of vaccination is no longer required.
- Services will be held in the Hondo with seating properly spaced apart. Families may be seated together in specified sections. Families with children 5 years old and younger will have special reserved seating areas.
- No Service Book will be provided (Please bring your own service book or one may be purchased from the church for \$5).

Please note that in-person services are subject to cancellation if county/CDC guidelines change or if it becomes too risky for the safety and health of our Sangha members to continue with indoor gatherings.

In the event of a change, we will post the updates on our website, Facebook page and send out a message to our email list.

Due to capacity issues, we ask that you **RSVP the number of people attending by the Sunday prior to the services** to florinbuddhist@gmail.com if you plan to attend the service. We hope to see you soon!



TWO YEARS LATER...



It's been two years since the Buddhist Church of Florin (BCF) was closed down due to the Covid, WE ARE BACK!!! We are still taking precautions, since the pandemic has not gone away.

Sunday, April 10, 2022, we celebrated Hanamatsuri and the April Shotsuki memorial service. The gym was beautifully decorated in a pink cherry blossom theme. Chairs were socially distanced, everyone wore a mask, and those who were able to come were happy to



see each other once again. At the end of service, everyone was sent home with an obento

box. Thank you Mark Hayashida and L & L for taking the task on to prepare the obentos. Dessert was an exquisite pink flower manju. Thank you Linda Nakatani for being so thoughtful. When you heard it was BCF's first service back, you created this very pretty, special manju just for us. Another special thank you to BWA for purchasing these flower manjus for the Sangha. Your generosity doesn't go unnoticed.



A lot of preparation went into this re-opening service. Thank you to Sandy Okuno and Sharon Okamoto for organizing all of it. Sandy, your Welcome Back sign was beautiful and very nice to see when entering the

YBA Hall. The Hanamido was beautiful. Thank you to everyone who donated flowers, there were so many flowers. Many people came out Saturday night to help prep for service too. Thank you if you were one of those. Ella Lam and Nadine Nouchi prepared a very nice video presentation of past Hanamatsuris. Thank you everyone for making this service so special!



More before and during service pictures:



Jennifer Kubo & Ann Tsukamoto



Lois K., Jennifer K., Ann T. (hiding), Andy N., Judy Y., Nadine N., Miki A.



Twila & Andy Noughi





Lastly, thank you to everyone who attended our first service back! It was great to see so many of you! BCF will continue in-person services (unless Sacramento county or the CDC recommends otherwise). Services will resume back in our Hondo. We invite all members (including those children who cannot be vaccinated) to attend our in-person services. We will continue to social distance, wear masks, but the most important part is, we can see each other once again. Zoom services will be discontinued at this time.

PLEASE



THANK YOU!

We ask you to let us know if you are attending. There is a limit of the number of people we can have in the Hondo with social distancing. RSVP your attendance/number of people to florinbuddhist@gmail.com Hope to see all of you again on May 8, 2022 @ 11:30 AM for our next service, Gotan-e & Shotsuki!



ONLINE PAYPAL DONATIONS

You can now make online donations/payments to the church by visiting our website at florinbuddhist.org and clicking on the "Donate" button near the bottom of the home page. This is convenient for you to make online donations/payments for such things as, osaisen, shotsuki, special services, membership and other services/events.

Contact Kathy Menda at (916) 392-1896 or (916) 761-9469 if you have questions.



2022 Membership Dues

The Buddhist Church of Florin thanks the following members who have paid their 2022 membership dues.

Ariyasu-Ito, Karyn	Miles, Cheryl	Takeda-Miller, Kris
Arkanas, Miki (Jan-Jun)	Minato, Beth & Christensen, Sandra	Takeoka, Yuriko
Bishop, Darien	Miyao, George & Judie	Taura, Nikki & Clint
Griggs, Ellen	Nakano, Alan & Ruby	Teranishi, Kenny & Louise (Jan-Jun)
Hoffman, Yukie (Jan-Jun)	Nakao, Diane	Tokunaga, Rick & Sheryl
Hutchinson, Michael	Nakata, Norma (Jan-Jun)	Tsukamoto, Tim & Melanie
Kishaba, Kelvin & Kathie	Nishikawa, Dennis	Yamamoto, Mits & Jayne
Kubo, Steve & Jennifer	Okamoto, Jean	Yamamoto, Tosh
Kuroda, Stephanie	Okamoto, Joy	Yoshioka, Burt & Carol (Jan- Mar)
Maeda-Imai, Marcy	Saigo, Hiroko	
Matsumoto, Esther		

2022 membership dues were due January 31, 2022.

The 2022 membership form can be found on our website at www.florinbuddhist.org, at the temple or from Tim Tsukamoto at (916) 606-0455 or email timtsukamoto@gmail.com Please direct membership questions to Tim Tsukamoto.

The Buddhist Church of Florin welcomes the following returning/new members:

Karyn Ariyasu-Ito

We look forward to seeing you at service and temple functions. We also hope the BCF will meet your religious and community desires.

Meeting Date: April 14, 2022

Kyudo Kai, Traditional Japanese Archery – Paula Yoshioka made a presentation to the Board about Kyudo Kai and how they would like to preserve the Japanese cultural practice of Kyudo in the Sacramento community by using our kaikan (YBA Hall). The decision to allow Paula Yoshioka to use YBA Hall was tabled for further evaluation.

Fundraisers: Eric Fujii reported the Fried Rice Loco Moco Breakfast fundraiser on Saturday, March 19th, netted \$5,300 and served over 440 meals as well as feeding all the volunteers. Thank you Eric for chairing another successful fundraiser!

Next scheduled BCF fundraisers are “**Spring Food Bazaar**” Sunday, May 1, 2022 and “**BCF Golf Tournament**” Thursday, June 2, 2022.

First Vice President, Margie Sunahara: The Board approved the Church’s security company (All Mighty Security) to install additional security cameras at the front gate. Also, the Board approved the revised Facility Use Policy and supporting documents. Thank you Margie!

BWA, Peggy Okabayashi: The Board approved the BWA proposal to sponsor Mrs. Isako Wasano’s Kimekomi Dollmaking Class beginning August 2022, classes to be held 3rd Saturday of each month. Board also approved the BWA proposal for a rummage sale on November 5, 2022.

Activities, Sandy Okuno/Sharon Okamoto: Thank you to Sandy and Sharon for organizing our first in person service and making it a very special and welcoming event. Also, thank you to everyone that graciously volunteered to assist them with this event.

Membership, Tim Tsukamoto: Welcome New Member: Karyn Ariyasu-Ito Peggy Okabayashi, Thank You for donating two beautifully hand strung onenju that were used for new member gifts.

BCF Reopening Committee, Peggy Okabayashi: Drafting in-person service protocols.

BEC, Judy Yuki: Scheduled In-Person Services – Sunday, May 8th, 11:30am, Shotsuki/Gotan-e/Mother’s Day Service; Sunday, June 12th, 11:30am, Shotsuki/DS Graduation/Father’s Day; Sunday, July 17th, 11:30am, Shotsuki/Hatsubon/Obon Service; Sunday, August 14th, 11:30am, Shotsuki Service.

Facilities Maintenance, Gary Okamoto/Kenny Teranishi- Thank You, Lloyd Okimura for making 6 BBQ racks for the chicken cooking! Thank You, Kenny Okabayashi & Gary Okamoto for overseeing the neighbor’s dead eucalyptus tree being cut down in which the majority of the debri was on the church side. Thank You, Kenny Teranishi for replacing fluorescent light ballast and burned out lamps in gym.

Eric and Elizabeth Fujii are on the ACC 50th Anniversary Committee. BCF will be participating in the fundraiser on September 17th, ACC Ohana Walkathon.



There are two areas at Buddhist Church of Florin (BCF) needing help. The first one is our church treasurer. Our treasurer duties include: custodian of BCF funds, pay routine and recurring bills, maintain all financial records and file/report appropriate reports/documents to the BCF Board.



Do you have experience in the accounting or financial areas? WE NEED YOU! Interested? Please contact Lois Kashiwase at loiskash2@comcast.net



Newsletter



Our second area needing help is with our BCF Oneness newsletter. This person will compile submitted articles, send out for review, forward finished product to our corresponding secretary & President to send/print out for distribution and send to our webmaster to post on our website.

No experience needed, but if you do, that's a plus for you! WE NEED YOU! Interested? Please contact Lois Kashiwase at loiskash2@comcast.net






Buddhist Church of Florin
 Fried Rice Loco Moco Plate
 Breakfast Fundraiser



Order Pick-Up:
 9AM - Noon
 March 18, 2021
 Location:
 Buddhist Church of Florin
 7235 Pritchard Road,

Order includes:
 Fried Rice,
 Hamburger Patty,
 Scrambled Egg, Gravy,
 & Mac Salad
 (*no special orders *)





LOCO MOCO PREP

Thursday Loco Moco prep began with **CLEANING** of the outside, gym, & church kitchens & gym floors by LOTUS members.

Friday started with the **CHOPPING** of celery, onions & **SLICING** of bacon & oranges. Eggs were boiled/shelled & rice washed.

Saturday, day of event. Rice was cooked and mac salad prepared early AM, followed by preparation of BBQ burgers, fried rice, gravy

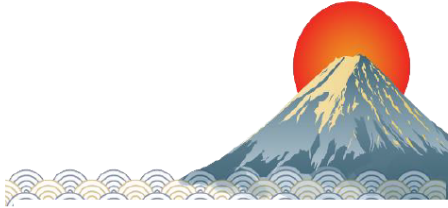


then boxing of mac salad. Eggs were cracked then scrambled; food plated; orders finally

bagged. Pick up included a drive-thru check-in station then order delivery by runners.

Eric Fujii, Chair
Elizabeth Fujii,
Monica Vazquez;
Order Coordinators
45+ helpers, most on multiple crews





Buddhist Church of Florin Dharma School
News & Events
May 2022
**“B.R.A.I.D.” – Building Respectful Awareness
& Inclusion through Dharma**

With the recent celebration of Hanamatsuri at the church, we gathered to celebrate the birth of the Buddha and reflect on the importance of giving and helping others. Well, we wouldn't have had that service without people giving their time and effort into all of the decorations and setting everything up, would we? So, the day before, my mother and I had gone in for the presentation and ended up being overwhelmed by the amount of flowers all over the place. Sure, it wasn't like we hadn't expected others to donate them, but seriously, the flowers were *all over the place*. You couldn't even walk close to the stage without passing by someone who was trying to (ceremoniously) put some flowers into a vase, or others who were trying to snip the stems of some flowers to be able to put them into a vase. The point is, all of those flowers? They were bought by people who wanted to give something to make something happen. In other words, they wanted to help. A cause, a person, it doesn't matter. They simply contributed something and it accumulated into this larger service where everyone was able to attend if they so chose to do so and celebrate the birth of the Buddha. Message? Well, extend that hand. Give someone or something a bit of help because, who knows, that one flower that you give might just be something that can become something that's part of a larger cause. Or, if that doesn't work, time is always the most valuable thing. Just an hour of your life could give someone (or a whole Sangha full of someones) an unforgettable experience, and that is what makes it worth it.

In Gassho,
Ella Lam

Dharma Zoom

Dharma Zoom Dates

May 22, 2022 10:30 AM Theme for Sangha Member TBA

May 29, 2022 10:30 AM Theme for Sangha Member TBA

Join Zoom Meeting

<https://us02web.zoom.us/j/83460705891>

Meeting ID: 834 6070 5891

One tap mobile

+16699006833,,83460705891# US (San Jose)

Meeting ID: 834 6070 5891

+14086380968,,83460705891# US (San Jose)

Find your local number: <https://us02web.zoom.us/u/k0N6iCAan>

Dial by your location

+1 669 900 6833 US (San Jose)

+1 408 638 0968 US (San Jose)

+1 346 248 7799 US (Houston)

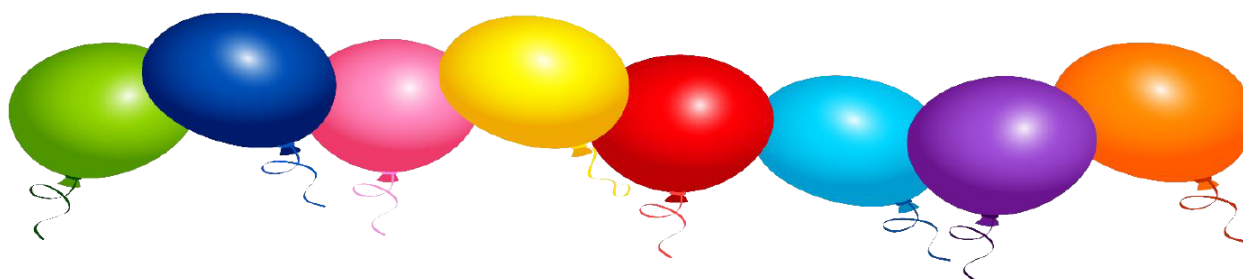
Congratulations Graduates!

- **Sunday, June 12, 2022**



- **Buddhist Church of Florin**
(7235 Pritchard Road, Sacramento, CA)

- **Immediately Following Church
Service**



Please RSVP to Judy Yuki by email: jhmyuki@gmail.com



Mar April News
May 2022

BWA News

THANK YOU/ARIGATO

Mary Otani, in memory of Mitsuno Otani Kathy Menda, Toyo Tsukamoto– Lady Kujo
Sharon Arase, Margie Sunahara – Elk Grove Food Bank
Hiroko Saigo – March and April Dana Projects.

DANA – Cultivating Generosity

March Dana Project – Sacramento Children’s Home Crisis Nursery. The BWA donated children’s arts and craft items and snacks. Thanks to volunteers and donors! Judy Shimizu, Alice Okimura, Hiroko Saigo, Jeanne Nakamura, Ellen Griggs, Lois Kashiwase, Jennifer Kubo, Lois Tanaka, Sandy Okuno and Jan Takeuchi.

April Dana Project – Wellspring Women’s Center – Women and children’s hygiene and personal care items.

May Dana Projects – Wellspring Women’s Center – arts and crafts supplies.

Loaves and Fishes - gently used shoes.

Dana Project Collection days – Please bring donations to the BCF gym on Thursdays (Lotus Club days), 9:00 AM to 1:00 PM.

Knitted Knockers – Knitted Knockers are special handmade breast prosthesis for women who have undergone breast procedures. Soft handcrafted prosthesis are knitted and crocheted by volunteers and given free to those requesting them. On March 4, 20 knockers were delivered to Stitches West. Thanks to knitters, Lois Kashiwase, Marge Sunahara and Virginia Uchida. If interested in supporting this project, contact Lois Kashiwase to obtain the special approved pattern and yarn. Tutorials are available online.

Walking Group – Join the walking group on Wednesday, 9:00 AM at various locations. Interested? Contact Sandy Okuno for details. 916 424-6146 or whocares13@comcast.net

BWA activities –

BWA Movies have resumed, the 4th Friday of the Month, 10:00 AM, following COVID protocols. The BWA approved the purchase of manju for the April 10th, Hanamatsuri service. Several in person activities are pending BCF Board approval. More information to come!

BWA May 2022 Dana Projects



Requesting:

Arts & Craft supplies



SACRAMENTO
LOAVES & FISHES

Requesting:

Gently used shoes

About Wellspring

Providing respite and services based on "hospitality with dignity and love" since 1987.

Wellspring Women's Center in Sacramento's Oak Park neighborhood, nurtures the innate goodness and personal self-esteem of women and their children. We serve nearly 200 women and children each weekday and offer four different programs: the Nutritious Meal Program, the Children's Corner Program, the Safety Net Services Program, and the Women's Wellness Program.



April Dana Projects (Last call)

Requesting:

Hygiene & personal items

Collection Dates: **May Thurs** [LOTUS days] (9 a.m. - 1 p.m.)
 May 27 [Last THURS] (9 a.m. - 1 p.m.)

Call Sandy Okuno for questions

LOTUS News

Learning Oriental Trimming ...

Land Park Pond 7-'20

Yearly group photo day in front of this year the weeping cherry tree. This day was the peak blossom day (wk.). The blossoms disappeared the week after. This day was also St. Patrick's Day along with Loco Moco prep Day. Same group also helped the next couple days with Loco Moco prep.

[Do you see Mascot Dublin dressed in his blues too? (Maybe green, that is,) for St. Patrick's Day.]



Walt Menda, Greg Crandell, Ken Okabayashi, Gary Okamoto, Mike Kakutani, Ron Shimizu, George Miyao, Ben Kusaka, Joann Kusaka, Sharon Okamoto, Jan Takeuchi. Inset: Eric Fujii and Lloyd Okimura were Loco Moco shopping during group pic.

LUNCH FIXIN'S

JoAnn Kusaka

JoAnn K/Jan T Sharon Okamoto

Okamotos

Gary Okamoto

Loco Moco

Ann Tsukamoto

Lois Kashiwase

Mark Hayashida/

L&L Hawaiian BBQ

Weekly AM snacks as well as weekly homemade tsukemono/kimchi; special treat: an mochi cake
 Corn beef/cabbage; rigatoni/4-bean salad; mabo tofu/fish (St. Patricks)/Lime jello cream bar, Hawaiian dream cake, orange mandarin cream cake, caramel chocolate dream cake
 Easter treats
 Indiv. pkg. roasted peanuts
 Striped bass
 Eggs
 Egg foo yung
 Grocery gift cards/LOTUS anniversary
 Case of mirin (LOTUS/BCF)



LOTUS guys also helped set up for the first live in-person Hanamatsuri service on April 10 in the gym.



Buddhist Church of Florin
Kikuyo and Kinjiro Nakatani Public School Teacher Grant
\$1,500

Public school education is the foundation for a harmonious and prosperous society. Unfortunately, public school teachers pay for classroom supplies and educational material with their own money because of school budget reductions. The Buddhist Church of Florin supports public school teachers by offering a monetary grant for classroom supplies and education materials.

To be eligible for the Kikuyo and Kinjiro Nakatani Public School Teacher Grant, you must be a full-time public school teacher in Kindergarten through 12th grade; and a member of the Buddhist Church of Florin (church membership dues are paid and current).

Contact Walter Menda for a Kikuyo and Kinjiro Nakatani Public School Teacher Grant Application. Applications are being accepted on an ongoing basis.

How to become a member of the Buddhist Church of Florin? If you are married, please join under the couple/family category or if single, the adult single category. Contact Walter Menda for a Church Membership Form.



Teacher
motivating
star-gazing
INSPIRING
dream - weaving
understanding
believing
soul-shaping
superhero



FUNDRAISER

BUDDHIST CHURCH OF FLORIN GOLF TOURNAMENT

Includes A FUN DAY OF GOLF, CART, RANGE BALLS,
MULLIGANS, MIRACLE PUTT, & GOODIE BAG

WHEN: Thursday - June 2, 2022 **WHERE:** Teal Bend Golf Club
8:00AM Shotgun (Check-in starts at 7:00AM)

REGISTRATION AND PAYMENT DUE MAY 19th, 2022

A)	WHO IS GOLFING?	PHONE NUMBER	
#1			\$95
#2			\$95
#3			\$95
#4			\$95
Optional Donation			\$
Total Payment Due:			\$

B) GROUP'S EMAIL ADDRESS to provide your team with tournament info, etc:

C) PAYMENT DUE DATE 5/19/2022

- Make check payable to: Buddhist Church of Florin
- Mail to: E.Fujii 325 34th Street, Sacramento 95816 (You can also hand deliver and drop in door mail slot. DO NOT mail to the church)

D) WHAT ELSE YOU NEED TO KNOW

- MUST register/pay by due date
- Format: Individual play 2-person Blind-Draw
- This tournament will NOT include dinner.
- Need more info? Contact Eric Fujii at efujii52@gmail.com or cell (916) 955 1954

If you haven't designated Buddhist Church of Florin as your charitable organization, please do...free money to BCF! Thank you!



Make a Free Donation to the Church? As Easy as 1, 2, 3, 4. 5

IF YOU SHOP ON AMAZON, YOUR PURCHASES CAN EARN \$\$\$ FOR THE BUDDHIST CHURCH OF FLORIN!

The **Buddhist Church of Florin (BCF)** has joined a neat new program, **AmazonSmile**, an easy way to support the Church every time you shop, at no extra cost to you. When you shop at smile.amazon.com, you find the same low prices, selection and easy shopping, while Amazon donates ½% of the purchase to the Buddhist Church of Florin.

HERE'S HOW IN 5 EASY STEPS:

1. Go to smile.amazon.com on an internet computer
2. Sign in (email address or mobile phone) in the field.
3. Enter your Amazon Password in the field.
4. Select Buddhist Church of Florin – type in “Florin” to find it
5. Start shopping

If you're not an Amazon member yet, first click on “Create an Account”, follow instructions, and select Buddhist Church of Florin.

AMAZON SMILE PROGRAM INFORMATION:

- **How do I shop at AmazonSmile?**
To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to shop at AmazonSmile.
- **Which products on AmazonSmile are eligible for charitable donations?**
Millions of products on AmazonSmile are eligible. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.
- **Can I use my existing Amazon.com account on AmazonSmile?**
Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding, and other account settings are also the same.

GIFT CARD FUNDRAISER

Purchase gift cards for yourself, family or friends and Buddhist Church of Florin (BCF) will receive a percentage of the sale. Don't forget gifts for birthdays, graduations, baby showers, or anniversaries. For a complete list of gift cards offered, go to shopwithscrip.com. You can place your order online (**BCF's enrollment code is 2481168D38LL7**) or you can contact Ann Tsukamoto at 916-683-3401 or email awtsukamoto@comcast.net to place your order and make arrangements to pick up your order at her house in Elk Grove.

NEXT ORDER DUE DATES: (mark your calendars!)

If you want to place an order,

**your order must be received by Ann
by 12 PM on the following dates:**

May 1, 2022

June 5, 2022

Your order will arrive at Ann's house for pick up the following week.



**You can also call Ann to see what gift cards she has in stock,
available now (call her at 916-683-3401).**



Thursday Night
Series

Thursday,

May 19, 2022, 6:30 pm

"Mindfulness and Your Mental Health"

Understanding how Mindfulness could help us with everyday stress, anxiety, and to help keep us focused



Jenna Tokeshi-Nitta

Licensed Marriage and Family Therapist

Buddhist Church of Sacramento, 2401 Riverside Blvd., Sacramento, CA 95818-2233

Please sign-up at
BetsuinPrograms@buddhistchurch.org